

Youth Suicide Prevention Ireland

Annual Report and Audited Financial Statements

for the financial year ended 31 October 2022

Raheny Accounts Limited TA Irish Accounts
Chartered Certified Accountants and Statutory Auditors
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Charity Number: CHY18438
Charities Regulatory Authority Number: 20070670

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REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Yvonne Higgins (Secretary) Alan Redmond Gearóid O' Callahan (Resigned 17 May 2023) Nelius Enright Cristian Pop
Chairperson	Nelius Enright
Advisors	Anthony Philpott Alan McKelvie
Charity Number	CHY18438
Charities Regulatory Authority Number	20070670
Principal Address	83A New Street, Killarney County Kerry V93 W3KT Ireland
Auditors	Raheny Accounts Limited TA Irish Accounts Chartered Certified Accountants and Statutory Auditors 6 Abbey Business Park Baldoyle Industrial Estate Dublin 13 D13 N738
Principal Bankers	AIB Blackpool Shopping Centre Commons Road Cork Co Cork Republic of Ireland
Solicitors	BDM Boylan Bridge House Washington Street Cork Co Cork Ireland

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OVERVIEW BY CHAIRPERSON

Although we saw some COVID related restrictions from November 2021 through to March 2022 this year was a marked improvement on 2021. The 4th Wave COVID restrictions were much less onerous than previous restrictions and were lifted more quickly so that by February 2022 we were able to see light at the end of the tunnel.

The Trustees are continuing to implement the planned shift towards more general youth-orientated Mental Health Awareness and Suicide Prevention programmes now that the national curriculum has integrated mental health awareness modules. Our new programmes are more orientated towards developing high quality mental health support materials into integrated systems and distributing these materials to promote youth mental health awareness. So from this point of view 2022 was a year of new opportunities with the start of our "Let's Talk About Mental Health Programme". This new programme included new literature, a new video presentation of the Four Steps to Help by John Sharpson, and new support materials for Parents and Teachers. During the year we distributed over 100,000 copies of the Let's Talk About mental Health magazine to every secondary school, Tesco and SuperValu in the country. Another 50,000 copies of our new publications were distributed as Mental Health Awareness Packs, mostly to youth organisations and GAA clubs.

It is our sincere hope that the ongoing damage to the mental health of the young people of Ireland will not be sustained or irreparable however the fact that many young people and their families were still desperate for support and mental health crisis information is borne out by the continuing high volume of crisis contacts which averaged around 5,438 per week during periods of restrictions, but this dropped to an average of around 1,564 per week once restrictions were eased. 78% of crisis contacts during 2022 were in the 19 weeks of COVID restrictions.

We went into 2022 in a much stronger financial position than we were starting 2021 and we were then able to ride an amazing wave of post-restriction activity brought on by the freedom of escaping lockdowns. Although our fundraising was initially depressed by restrictions our amazing fundraising team were able to promote our Skydive For Life events and bring in substantial income up 87% on 2021.

We managed to continue to achieve significant service improvements during 2022 with new automated systems and financial controls. We also developed our new Let's Talk About Mental Health Programme. We have a strong Development Plan for 2023 and excellent volunteers and supporters to get us there.

The Trustees accordingly present their Annual Report and the audited financial statements for the financial year ended 31 October 2022.



Nelius Enright
Chairperson

ACTIVITIES AND OUTCOMES

General Overview of 2022

The number of Crisis contacts that we received decreased compared to 2021 and we were able to provide the high standard of support we would previously have provided before COVID as we were able to mature and improve the automated response system for many of the non-critical crisis contacts we received.

2022 was divided into periods of restriction and reduced restriction. From December through to March we had various levels of restrictions. As the restrictions were not as severe as in 2021 we saw less volatility of demand and were able to not only continue to provide ongoing crisis support but also develop and implement new mental health awareness programmes, particularly the Let's Talk About Mental Health Programme and the introduction of Mental Health Awareness Packs.

Four Steps to Help Programme

YSPI developed the Four Steps to Help Programme for Schools with the assistance of Dr Keith Holmes, a consultant child and adolescent psychiatrist, and Medical Director of St John of God's Youth Mental Health Services. We have spent the last eight years completing the programme, which is now a comprehensive and respected mental health awareness and suicide prevention programme.

Schools Programme

Due to high demand and ongoing health restrictions it has been very difficult to provide our Schools Programme to all the schools and organisations that have requested our assistance even though we have moved the workshop portion online.

Following consultations with schools and colleges and our own advisory panel we decided in 2021 that we needed to find a better way of providing access to our Mental Health Awareness and Suicide Prevention workshops to students with better value for money and easier access. So we are delighted to announce a new way of providing our Schools Programme, The Let's Talk about Mental Health Programme.

Information Downloads

We have been making our substantial catalogue of information resources available online. This includes our Parents' Handbook, Teachers' Manual, Student Workbook and other mental health and suicide prevention resources.

In total we have had 164,541 (2021 - 196,743) downloads of resources across all types during 2022. This is a 16% reduction on 2021. The weekly download rate peaked during the first 19 weeks the year at 4287.

The Let's Talk About Mental Health magazine was our highest performing download with 86% of downloads being for that publication. This is also the publication most often taken at Awareness Events. The Parents' Handbook, which was the highest download in 2021, was updated and republished as part of the new 'Let's Talk About Mental Health' Programme.

The Student Workbook had 14% of the downloads mostly as it is an integral part of the Four Steps to Help Schools Programme and forms study notes on the main points of the live workshop.

Let's Talk About Mental Health Programme

Our new "Let's Talk About Mental Health" Programme is based on and fully integrated with the existing Four Steps To Help Programme but the emphasis will be on online presentation, in the form of live Zoom workshops and the Schools Video Presentation discussed below.

Dr Hannah Farnsworth, a retired GP, who now specialises in writing mental health publications for the charity sector has written 30 information leaflets on the various aspects of common mental health issues. We have also developed support materials for gender and identity issues and mental health issues affecting the LGBTQ+ community.

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Let's Talk About Mental Health Magazine

We distributed nearly 100,000 copies of our new magazine Let's Talk About Mental Health to every secondary school, Tesco and SuperValu in the country. The magazine focuses on positive mental health and includes topics such as bullying and cyber bullying, dealing with depression, coping with anxiety, stress and active listening.

The publication was written by Dr Hannah Farnsworth, a retired GP, who now specialises in writing mental health publications for the charity sector. The magazine was well received with a number of individuals and organisations ordering larger quantities of it.

Let's Talk About Mental Health Video Presentation

Our new Let's Talk About Mental Health video is live action and features John Sharpson as the presenter. The video was produced by Macalla Teoranta and is highly engaging.

It is possible to play the workshop video on demand online allowing us to present to multiple schools at the same time. This will enable us to not only reach a lot more schools over the school year, but also to facilitate schools in more remote parts of the country. The video would also be made available to other organisations like sporting groups, scouts, community groups etc.

Our schools video workshop was a huge success with 65 schools accessing the talks online. The video was shown 347 times to transition, fifth and sixth years. This is a particularly cost-effective way of bringing our workshops to students as there aren't any travel, meal or hotel costs associated with it. This will continue to enable us to not only reach a lot more schools over the school year, but also to facilitate schools in more remote parts of the country.

There was a further 1,314 downloads of the video during the year with 296 full viewings and the rest downloading the promotional preview. These would have been viewings by other organisations like sporting groups, scouts, community groups etc.

School Mental Health Packs

Our school mental health packs were distributed to every secondary school across the country, around 750 schools. The packs will include our new Let's Talk About Mental Health Magazine, our Parents' Guide To Youth Mental Health, our teachers' guide to youth mental health, as well as other publications we have. They were also used to advertise our new schools video workshops.

Public Mental Health Packs

Similar to our School Mental Health Packs, we want to put together Public Mental Health Packs to be distributed to sports clubs, parents' groups and other community groups across the country. These packs were sent by request and we began promoting this new service in early 2022.

The packs include our new Let's Talk About Mental Health Magazine, our Parents' Guide To Youth Mental Health, as well as other publications we have. They'll also be used to advertise our new video workshops. 746 of these packs were distributed throughout the year.

Mobile Awareness Programme

Using our mobile awareness van we visited 52 towns and villages during 2022. The van was skinned with Let's Talk About Mental Health branding and was highly visible. This programme provided an opportunity for members of the public to chat with our facilitator, find out about our work and take away booklets and information resources. While in the towns our facilitator also took our Let's Talk magazine into shops and businesses, many of which support us by taking a stock for their counters.

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Mental Health Crisis Services

Our hope was that we would see a return to some kind of normality after the COVID impact in 2021, however the arrival of the 4th waves with further restrictions caused further mental health impacts and associated crisis support demand. The start of the war in Ukraine also saw increased demand for crisis supports.

Crisis Contacts 2022

By 2022 we had improved and adjusted our COVID Response Plan. One of the main features of the plan was to automate as many crisis contacts as possible but still be able to identify and assist the high risk contacts.

With system upgrades we have been able to provide an automated response in over 77% of crisis contacts, mostly those dealing with information requests. We have managed to respond quickly to 90% of immediate crisis or high risk contacts and were able to respond to non-critical contacts by email, phone or Facebook Messenger depending on how the contact originated.

Continuing Impact

We have been maintaining various methods for contacting us to get information about supports and services particularly for those in crisis or immediate risk. This includes our FreeText Service, crisis information site www.ineedhelp.ie and our main charity website www.yspi.ie. The FreeText service is automated so texting HELP to 50015 will get an immediate reply with crisis support information and requires no intervention from our team. However, the websites provide a contact form that requires manual intervention.

The ongoing impact of COVID-19 and the various health regulations saw a spike in contact information requests averaging 9,725 total requests per week for the first 19 weeks of the year when the 4th wave restrictions were in place. For the remaining 33 weeks of the year contact requests averaged around 3,852 per week.

It should be noted that the charity has been responding to crisis contacts at this level as part of our COVID Response Plan and it would not normally be one of our core competencies. However the demand for crisis information and general support information over the pandemic period has shown us that this is an area that we do need to move into our core competencies and continue, at a lower priority level, to provide this service even after health regulations are relaxed.

However we began restricting the avenues of contact and level of response once the health regulations were eased so we can revert funding and volunteer time towards rolling out of our new programmes.

Crisis Contact by Type

The majority of our Crisis Contacts at 49% were text based contacts. These were made up of FreeText mobile requests through the 50015 short code and also our text response system that sent an automated response following a button or link click on our websites. With 77% of requests covered by automated responses it took serious pressure off the other crisis supports which needed team responses.

The priority for us was to deal with crisis requests where these was immediate risk to life. It was challenging to identify these but they generally followed a similar pattern in style and were quickly identified.

The number of crisis contacts of all types peaked between December 2021 and March 2022 which was the period of the 4th Wave restrictions.

Youth Crisis Counselling Service

In June 2020 the Trustees agreed to establish a treatment fund to cover the costs of private counselling for those most at risk of self-harm or suicide should this be part of a crisis treatment plan agreed by their General Practitioner.

We are now providing grant funding of up to €120 per person to cover the cost of up to two crisis counselling sessions with a counselling practitioner registered with the Irish Association of Counsellors and Psychotherapists or the

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Association of Professional Counsellors and Psychotherapists in Ireland or the Irish Association of Humanistic and Integrative Psychotherapy.

We are only funding crisis counselling support for clients under 20 years of age through this programme. Clients must be referred to the counselling practitioner by their GP or self-referred by themselves or by a parent/guardian once an appropriate practitioner from the IACP, APCP or IAHIP registers has been chosen. Once an appointment has been booked we contact the chosen practitioner to arrange payment.

This crisis counselling fund has been developed as a pandemic response and as a crisis intervention only and is designed to support clients while they are waiting for access to other mental health services such as CAHMS.

Although we have had considerable interest from GPs and multiple contacts to use the service the lack of availability of private counsellors due to the huge demand for their services has definitely impacted uptake. The service is time-limited to October 2023 and we will be reviewing the service then.

Awareness Campaigns

Our Awareness Campaigns are public facing and are an excellent way for us to meet the public, have a chat and give out information and support materials.

Public Awareness Campaigns

We held 54 public Awareness Events in shops and shopping centres across the country during the year. These events covered 15 counties - Cork, Waterford, Clare, Kerry, Wexford, Tipperary, Dublin, Louth, Kildare, Laois, Galway, Meath, Kilkenny, Limerick and Offaly.

Tesco and SuperValu were particularly helpful in providing space for these events. These events provided an opportunity for the distribution of our full list of publications during these events and promoting our schools programme. Each event will be manned by an experienced volunteer to answer any questions people might have regarding our services as well services being offered by other charities and state organisations.

Public Awareness Workshops

We decided to run daily Four Steps to Help workshops online by Zoom using the video facilities in our new Youth Mental Health Training Centre. The workshops were open to anyone who wished to attend over the age of 16.

We ran 192 Four Steps to Help workshops online by Zoom using the video facilities in our new Youth Mental Health Training Centre. The workshops were open to anyone who wished to attend over the age of 16. Of the 192 workshops we ran we averaged 15 participants per workshop.

Social Media Outreach

Due to the impact of health regulations much of our personal and professional interactions were through social media channels such as Facebook, Instagram, Twitter and WhatsApp. We had 52,543 Facebook Page Followers on 31st October 2022.

Social Media Demographics

Our social media demographic remains more or less unchanged since 2021. The majority of our followers and those reading our posts are women making up 74% of our demographic. The majority are aged between 18 and 44. Facebook, Instagram and WhatsApp no longer allow access to data relating to under 18s in terms of demographics.

The gender balance is something we have been struggling with for some years as the suicide rate amongst young males 16-34 are significantly elevated and they are our target demographic for suicide prevention information and supports. However, we have targeted resources to reaching this demographic through schools outreach and work with youth groups, sports clubs and other community based organisations.

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Social Media Presence

We had a very strong organic presence during 2022 but we also relied on promoted posts and stories to reach targeted audiences. Our maximum Facebook reach was 1,905,331 up 754% on 2021. Instagram reach was 355,473 up 1700% on 2021. During 2022 we had 16,277,656 page impressions and a paid reach of 2,516,788 on Facebook.

Our social media presence is mostly focussed on Facebook for historical reasons although the Trustees have commissioned a Social Media Outreach report to identify a new social media strategy.

Youth Mental Health Training Centre

In 2020 premises were found on New Street, Killarney, Co Kerry and The Trustees agreed that this would become the National Mental Health Training Centre and be the hub for our outreach and training services during the pandemic and, once the pandemic subsided, the Centre could also be used for training courses and other awareness events.

Initially there were issues with public liability insurance which restricted use of the centre but these were resolved in June 2022.

Since June 2022 the centre has hosted 42 in-person events and we allowed use of the centre on 19 occasions for other local organisations. The majority of the centre activities have been hosting webinars and using the advanced video facilities for online training workshops.

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OBJECTIVES FOR 2023

Four Steps to Help Programme 2023

We will be continuing to work with schools and colleges through zoom based workshops as this is now the preferred method for schools to have external guests.

Current Schools Programme - Four Steps To Help

We have brought all our literature for the Four Steps to Help Programme online as PDF downloads. The Four Steps workshop has now been produced as a video presentation hosted by John Sharpson. This was introduced in 2022 and was very well received by schools. We will continue to promote the video for a wider uptake in 2023 as provides a very cost effective method of presenting our programmes to schools considering the huge increase in motor fuel costs during the last 12 months.

New Programme - Let's Talk About Mental Health

Our new "Let's Talk About Mental Health" Programme will be based on and fully integrated with the existing Four Steps To Help Programme but the emphasis will be online presentation, in the form of live Zoom workshops and the Schools Video Presentation discussed below.

"Coping With.." Series

We now have a very full range of new mental health awareness booklets written by Dr Hannah Farnsworth, a retired GP, who specialises in writing mental health publications for the charity sector. We have worked with Hannah to produce over 25 new information leaflets on the various aspects of common mental health issues. This new series is the "Coping With ..." series as each booklet covers some aspect of "Coping With" a mental health issue. We are also looking to develop support materials for gender and identity issues and mental health issues affecting the LGBTQ+ community.

Our aim will be to provide all information online as PDFs and ePubs as well as in print form distributed to schools and community groups free of charge.

Schools Video Workshop

Our schools video workshop was a huge success with 65 schools accessing the talks online. The video was shown 347 times to transition, fifth and sixth years. This is a particularly cost-effective way of bringing our workshops to students as there aren't any travel, meal or hotel costs associated with it. This will continue to enable us to not only reach a lot more schools over the school year, but also to facilitate schools in more remote parts of the country.

Macalla Teoranta, along with the presenter John Sharpson, did a commendable job and the project is being well received in the schools. It is our intention to continue to promote the video workshop presentation to schools as part of our Let's Talk packs.

Let's Talk About Mental Health Magazine

The Let's Talk About Mental Health magazine has been incredibly successful particularly in schools where we have received numerous follow-ups from schools requesting additional supplies of the magazine and other materials. We intend to increase our promotion of our publications to schools and colleges as well as the wider community.

School Mental Health Packs

We sent out Let's Talk About Mental Health packs to all 750 schools twice in 2022 and we will be doing the same in 2023. We will also be providing samples of all our new literature to schools allowing them to order supplies from our stock as required.

The packs will include our new Let's Talk About Mental Health Magazine, our Parents' Guide To Youth Mental Health, our teachers' guide to youth mental health, as well as other publications we have. They will also be used to advertise our schools video workshops.

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Public Mental Health Packs

Similar to our School Mental Health Packs, we have put together Public Mental Health Packs to be distributed to sports clubs, parents' groups and other community groups across the country. These packs are sent by request and we will be promoting this service more fully in 2023.

The packs will include our new Let's Talk About Mental Health Magazine, our Parents' Guide To Youth Mental Health, as well as other publications we have. They'll also be used to advertise our new video workshops.

Awareness and Outreach Events

We are planning a series of public outreach events around the country during 2023. We will be approaching SuperValu and Tesco with a view to getting floor space to distribute our new series of "Coping With..." publications.

Mobile Awareness Programme

We will be continuing our mobile awareness programme in shops and shopping centres across the country during 2023.

In the past Tesco have been particularly helpful with this programme giving us access to over 100 shops nationwide and we will continue with this and hopefully expand with the likes of SuperValu and Dunnes Stores.

We will be distributing our full list of publications during these events and promoting our schools programme.

Each event will be manned by an experienced volunteer to answer any questions people might have regarding our services as well as services being offered by other charities and state organisations.

Distribution to Retailers

We will also be distributing over 50,000 copies of our new Let's Talk About Mental Health magazines to shops, garages and supermarkets throughout the country again in 2023 as part of the Let's Talk About Mental Health Programme. This was very successful in 2022 with every Tesco and SuperValu in the country taking a supply to distribute in their shops.

We have had a very positive response from the shop owners we have test marketed this idea with so far.

We are also looking to partner with one or more of the major shop chains to help with this project. Tesco have been good supporters of our work in the past and we are hoping they will come on board.

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REPORT ON FUNDRAISING

General Fundraising

2022 was an excellent year for fundraising. We had a number of virtual events during COVID restrictions but as soon as they ended we were overwhelmed with motivated fundraisers for our Skydive For Life.

During 2022 we brought in €262,897 (2021- €133,747) from fundraising events organised by the charity accounting for 74% of our revenue for the year of €357,095. Our main source of income was once again from our Skydive For Life events, with 1,965 registrations for the year.

Charity Organised Fundraising Events

Virtual Fundraising

We organised another Virtual Ring of Kerry Challenge where participants walked, jogged, ran or cycled the Ring of Kerry using a phone app to monitor their progress. This was very well received and we had 260 participants in 2022.

We also organised a Fast for Life for World Suicide Prevention Day on 10th September with 380 registered participants.

Skydive For Life

With the end of Covid restrictions our skydiving returned with a bang and proved to once again be the mainstay of our fundraising.

We started promoting the dives in February and the response was very impressive with a total of 1,965 registrations throughout the year. Our Skydive For Life has been our main charity fundraiser for eight years and has always been consistent in participation and levels of funds raised.

Non-charity Fundraisers

2022 showed a good return on general online fundraisers including things like David Goggins 4x4x48, where people ran 4 miles every four hours for 48 hours, tractor runs, quizzes, home-based events and general GoFundMe fundraisers.

We also organised a Fast for Life for World Suicide Prevention Day on 10th September with 3470 registered participants.

The increase in these kinds of fundraisers, where people had an idea and ran with it and sent us the money at the end, is probably due to the charity's higher visibility over the last few years with our Schools Programme and community Awareness events.

We would like to thank all our fundraisers, participants and volunteers for helping to keep the charity funded during the year.

General Donations

We received 12% of our income (2021 – 26%), around €44,515 (2021 - €49,625), from General Donations which were donations made to the charity by fundraisers who were not part of a charity fundraising event. This was quite a sharp decrease but reflected our need to support our own events with our restricted resources rather than encouraging external fundraisers.

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REPORT ON FINANCIAL STATEMENTS

The Financial Statements cover the period from 1st November 2021 to 31st October 2022, our 2022 Financial Year. The Financial Statements cover all areas of charity finances and have been approved by our Auditors.

Financial Overview

Although our finances continued to be impacted by COVID during the first 4 months of the financial year we saw a major rebound once lockdown restrictions were removed. Overall we saw an 87% increase in income to €357,095 (2021 - €191,068). We also saw a 14% increase in overall expenditure to €359,929 (2021 - €162,159). At year end the Charity brought forward a cash balance of €102,707 (2021 - €94,547) an increase of 9%.

Charity Income

Charity income was 86.9% up on 2021 at €357,283 (2021 - €191,068) which the Trustees consider to be very acceptable considering the late start to fundraising in 2022 resulting from the pandemic situation.

Most income continues to be from the kindness of the General Public, assisted by mental health and suicide rates being particularly featured in the media.

74% of our income was from fundraising events organised by the Charity including Fast For Life, a Virtual Ring of Kerry and Skydive For Life (2021- 64%). 12% came from general donations to charity funds. Text donations accounted for 1% of income and Facebook Fundraisers 10%. Corporate Sponsorship dropped by 30% to €3,972 (2021 - €13,354)

We also received additional funding from the PayPal Giving Fund for the first time this year which contributed €7,397 being 2%.

There was a burst of income generation from March 2022 onwards as COVID regulations were eased and skydive participants were notified that skydives were re-opening. Overall monthly income averaged 64% higher than 2021.

Cost of Fundraising

There are always costs attached to most fundraising efforts and the Trustees like to be transparent as to those costs as a ratio of income. In 2022 the costs of raising funds was €45,098 (2020 – €23,147) an increase of 94%. However when taken as a percentage of total income, cost of fundraising came in at 13% up 1% on 2021 (12%). The Trustees are extremely pleased to have been able to effect an 87% increase in income with only a 1% increase in the cost of raising that income.

Charity Expenditure

Charitable expenditure was up by 170% to €259,435 (2021 - €95,981) mostly due to schools reopening to outside guests during the year and the introduction of our new Let's Talk Programme. Charitable Expenditure accounted for 73% of total expenditure in 2022 up from 44% in 2021.

Expenditure on the Schools Programme increased by 88% to €109,360 (2021 - €42,401). Our new Let's Talk About Mental Health Programme was funded at €96,295 (2021 - €0). Outreach expenditure was increased by 88% to €22,837 (2021 - €8,906). Our Awareness Programme was superseded by the new Let's Talk Programme so expenditure reduced by 1% on 2021 to €11,342 (2021- €11,477). The National Training Centre budget reduced by 39% to €13,660 from €20,294 in 2021 as all the major refurbishment and setup work had been completed, The Mobile Awareness Programme expenditure was €5,942 up 12% (2021 - €1,336).

The Schools Programme accounted for 42% of charitable expenditure (50% - 2021) but 37% of charitable expenditure was allocated to our new Let's Tak About Mental Health Programme (2021 – 0%). Awareness Programmes were allocated 4% (2021 – 14%) and Outreach Programmes accounted for 9% (2021 – 6%). Our Mobile Awareness Programme was allocated 2%. (2021 – 2%) The National Training Centre only required 5% of income in 2022 down from 24% in 2021.

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Charitable expenditure was fairly consistent on a monthly basis. We had spikes in December through March during the 4th Wave restrictions and again in July and August as we prepared for schools reopening in September.

Administrative Expenditure

Including non-recurring costs Administrative Expenditure in 2022 was €62,891 (2021 – €30,370) an increase of 106%. The additional costs associated with increased income generation and increased charitable expenditure accounted for 86% of the increase and we are happy with those levels of expenditure as a ratio against 87% income increase and 170% increase in charitable activity. Particularly in view of the 51% decrease in the Administrative Overhead to 14% (2021 - 29%).

Premises Rental decreased by 124% to €2,924 (2021 – 12,504) as it is now included in the National Training Centre expenditure.

Stripe (€4,950) and PayPal (€2,077) fees are presented separately from Bank Fees for the first time and came to a combined total of €7,027 for the year. Although this figure seems high it is proportional to the amount of income raised through these platforms during 2022 at €269,924 and represents a fee load of 3%. Bank Fees were proportionally reduced by 118% to €693 (2021 – 2,684).

Depreciation increased by 151% to €3,642 (2021 - €505) due to an increase in depreciable assets including the Mobile Awareness van. Computer Costs also increased by 68% to €1,361 (2021 – €670) due to the increase in administrative activity during the year. General Expenses fell by 75% to €1,216 (2021 - €2,668) as most schools activities are now online. Our Auditors' Remuneration increased by 8% to €4,196 (2021 - €3,874). License Fees for the Four Steps Programme reduced by 11% to €9,000 (2021 - €10,000).

Charity Insurance increased by 40% to €3,942 (2021 - €2,634) partly due to increased public liability cover for the National Training Centre to allow for general public access, but also due to us updating our cover to include new equipment and stocks of publications.

General Office costs fell 45% to €6,671 (2021 - €10,512) partly due to the separation of Light and Heat but also due to costs savings in 2022 arising from improved charity information systems reducing resource usage.

Accounting Services increased by 18% to €2,791 (2021 - €2,329) due to an increase in book-keeping service fees.

Light and Heat at €1,875 were previously included in General Office (2021 - €1,189) but are now analysed out separately so energy costs can be monitored. Motor Expenses (€348) relate to maintenance of the Mobile Awareness van. Training (€929) relates to staff & volunteer training courses including safety training to meet our premises insurers' recommended standards.

Administrative Overhead

The Trustees publish our Administrative Overhead each year and our target figure is a maximum of 15% of income goes to pay for the running of the charity. Due to the impact of COVID and one-off costs in 2021 the Administrative Overhead was running at 29% however in 2022 this was reduced to 14%, a 51% decrease, and is now within target although the Trustees hope to reduce this down to 12% in 2023.

Operating Surplus

There was an operating surplus for 2022 of €1,354 (2021 - €28,909) a reduction of 95% however the charity reserves were not depleted during the year so we felt able to spend 99% of our income. We will be aiming for a 10% unspent margin in 2023.

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Fixed Assets

As at 31 October 2022 the net book value of the charity's fixed assets was €11,859 (2021 - €13,756) an reduction in asset value of 13%. This was mostly due to the depreciation of the mobile unit for the Awareness Programme and asset purchases for the Youth Training Centre.

Charity Reserves

As at 31st October 2022 the charity retained reserves of €109,014 (2021 - €107,660) an increase of 1.3%. Although the Trustees aim to retail reserves of 10% due to the exceptional circumstances of COVID and the cost of living crisis the higher reserves will be maintained for review in 2023.

Auditor's Report

Our Auditors have concluded that our financial records give a true and fair view of the assets, liabilities and financial position of the charity as at 31 October 2022 and of its surplus for the financial year then ended. The financial records have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", as applied in accordance with the provisions of the Charities SORP.

Based on the work the Auditors have performed, they have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

The full Auditors' Report is included in the Financial Statements.

Financial Review

The Statement of Financial Activities for the financial year is set out on page 21 and additional notes are provided on pages 23-29 showing income and expenditure in greater detail.

Year End Results

At the end of the financial year the charity has assets of €109,014 (2020 - €107,660) and no liabilities (2021 - €5,469). The net assets of the charity have increased by €1,354.

Principal Risks and Uncertainties

Although the major impact of the COVID-19 pandemic have subsided to a greater or lesser extent compared to 2021 the pandemic still has financial and technical impacts on the work of the charity. In February 2022 the war in Ukraine introduced financial uncertainty again as well as energy inflation and then an increase in core inflation and increase in bank interest rates. This has resulted in a "cost of living" crisis which has reduced the amount of money available for charitable donation.

Although the effects cannot be fully determined, the Trustees believe that the main risks associated with the cost of living crisis are as follows:

- A gradual slow down in fundraising activity while food, fuel and other basic costs remain high.
- a potential increase in demand for charitable services and reduced donations to fund them.

Future Developments

The trustees are hoping to get approval to move the charitable trust into a Company Limited by Guarantee at the end of the 2023 financial year although this may be deferred if regulatory approval is delayed. At the time of approving the financial statements, the charity is exposed to the effects of the cost of living crisis which has had a negative impact on

ANNUAL REPORT

for the financial year ended 31 October 2022

the quality of fundraising activities since the year end and has resulted in a lower than expected level of activity since the year end. In planning its future activities, the Trustees will seek to further develop the charity's activities whilst managing the effects of the difficult period caused by the reduction in charitable giving nationwide.

Reference and Administrative details

The organisation is a charitable trust with a business address at 83A New Street, Killarney, Co Kerry. The charity has been granted charitable tax status under Sections 207 and 208 of the Taxes Consolidation Act 1997 under reference CHY18438 and is registered with the Charities Regulatory Authority under registration number 20070670. The charity has a total of 5 trustees.

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Youth Suicide Prevention Ireland subscribes to and is compliant with the following:

- The Governance Code
- The Charities SORP (FRS 102)

Representative Organisations

The charity is a member of The Wheel since 2012. The Wheel is the major representative body for registered charities in Ireland.

Principal activities and objectives

The charity has 5 trustees who meet on a regular basis and are responsible for the strategic direction of the charity. The charity is run on a day to day basis by the administrator and the chief executive officer. They are responsible for ensuring that the charity meets its long and short term aims and ensuring the day to day operations run smoothly.

Our mission is focused on providing mental health awareness and suicide prevention programmes to schools and colleges where our facilitators work directly with students to promote awareness, provide skills and advice, and support teachers and staff as needed. The charity is currently moving its focus towards a crisis support model with increased emphasis on developing and publishing mental health awareness materials.

We also provide a wide range of online resources including online training and youth self-harm and suicide publications; and we provide and operate a FreeText service where people in need of crisis information can text our information service free of charge. We provide crisis funding for immediate access to crisis counselling for at-risk teenagers.

Our Facilitators and volunteers also arrange and provide outreach events and awareness campaigns around the country for parents, community organisations and voluntary groups. We also provide services to youth organisations, youth diversion projects, clubs and sports organisations upon request.

Source of funding

The principal source of funding for the charity is the generosity of the general public with donations as well as some corporate sponsorship.

Reserves

The charity needs reserves to:

- Ensure the charity can continue to provide a stable service to those who need them.
- Meet contractual obligations as they fall due;
- Meet unexpected costs;
- Provide working capital when funding is paid in arrears;

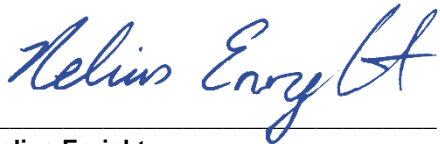
ANNUAL REPORT

for the financial year ended 31 October 2022

- Meet the costs of winding up in the event that was necessary

Based on this, the trustees are satisfied that it holds sufficient reserves to allow the charity to trade successfully.

Approved by the Board of Trustees on 15 August 2023 and signed on its behalf by:



Nelius Enright
Chairperson



Yvonne Higgins
Trustee

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 October 2022

The Trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with the Charities Act, 2009 and applicable regulations.

The law applicable to charities in the Republic of Ireland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act, 2009.

In preparing these financial statements, the trustees are required to:

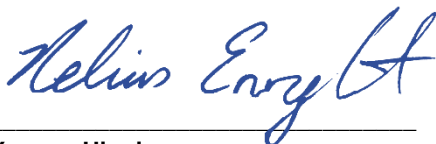
- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice: Accounting and Reporting by Charities;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the Republic of Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Board of Trustees on 15 August 2023 and signed on its behalf by:



Yvonne Higgins
Trustee



Nelius Enright
Chairperson

INDEPENDENT AUDITOR'S REPORT

to the Members of Youth Suicide Prevention Ireland

Report on the audit of the financial statements

Opinion

We have audited the charity financial statements of Youth Suicide Prevention Ireland ('the Charity') for the financial year ended 31 October 2022 which comprise the Statement of Financial Activities, the Balance Sheet and the notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Charity as at 31 October 2022 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described below in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 3 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT

to the Members of Youth Suicide Prevention Ireland

Opinions on other matters

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Trustees' Report is consistent with the financial statements;
- in our opinion, the Trustees' Report has been prepared in accordance with the Charities Act, 2009.
- the accounting records of the charity were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the books of account.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

Respective responsibilities

Responsibilities of trustees for the financial statements

As explained more fully in the Statement of Trustees' Responsibilities set out on page 18, the trustees are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

INDEPENDENT AUDITOR'S REPORT

to the Members of Youth Suicide Prevention Ireland

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the charity's members, as a body. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.

RAHENY ACCOUNTS LIMITED TA IRISH ACCOUNTS

Chartered Certified Accountants and Statutory Auditors
6 Abbey Business Park
Baldoyle Industrial Estate
Dublin 13
D13 N738

15 August 2023

STATEMENT OF FINANCIAL ACTIVITIES

for the financial year ended 31 October 2022

	Notes	Unrestricted Funds 2022 €	Total Funds 2022 €	Unrestricted Funds 2021 €	Total Funds 2021 €
Income					
Fundraising and Sponsorship	4.1	357,283	357,283	191,068	191,068
Expenditure					
Cost of Raising funds	5.1	45,098	45,098	3,287	3,287
Charitable Expenditure	5.2	259,435	259,435	95,981	95,981
Administrative expenditure	5.3	51,396	51,396	62,891	62,891
Total Expenditure		355,929	355,929	162,159	162,159
Net income/(expenditure)		1,354	1,354	28,909	28,909
Transfers between funds		-	-	-	-
Net movement in funds for the financial year		1,354	1,354	28,909	28,909
Reconciliation of funds:					
Total funds beginning of the year	12	107,660	107,660	78,751	78,751
Total funds at the end of the year		109,014	109,014	107,660	107,660

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Approved by the Board of Trustees on 15 August 2023 and signed on its behalf by:

Yvonne Higgins
Trustee

Nelius Enright
Chairperson

BALANCE SHEET

as at 31 October 2022

	Notes	2022 €	2021 €
Fixed Assets			
Tangible assets	8	11,859	13,756
Current Assets			
Debtors	9	-	4,826
Cash at bank and in hand		102,707	94,547
		<u>102,707</u>	<u>99,373</u>
Creditors: Amounts falling due within one year	10	(5,552)	(5,469)
Net Current Assets		97,155	93,904
Total Assets less Current Liabilities		109,014	107,660
Funds			
General fund (unrestricted)		109,014	107,660
Total funds	12	109,014	107,660

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees on 15 August 2023 and signed on its behalf by:

Yvonne Higgins
Trustee

Nelius Enright
Chairperson

Youth Suicide Prevention Ireland
NOTES ON THE FINANCIAL STATEMENTS

1. GENERAL INFORMATION

Youth Suicide Prevention Ireland is a charitable trust registered in Ireland. The registered office of the charity is 83A New Street, Killarney, Co Kerry V93 W3KT which is also the principal place of business of the charity. The financial statements have been presented in Euro (€) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

The Charity has applied the Charities SORP on a voluntary basis as its application is not a requirement of the current regulations for charities registered in the Republic of Ireland.

Statement of compliance

The financial statements of the charity for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.

- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from Fundraising Activities

Income from fundraising activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

Youth Suicide Prevention Ireland
NOTES ON THE FINANCIAL STATEMENTS

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of Charitable Activities, Administrative Activities and Costs of Raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	- 20% Straight line
Motor vehicles	- 20% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the charity's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Youth Suicide Prevention Ireland
NOTES ON THE FINANCIAL STATEMENTS

3. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES

In common with many other charities of our size and nature, we use our auditors to assist with the preparation of the financial statements.

4. INCOME

4.1 FUNDRAISING ACTIVITIES	Unrestricted Funds €	Restricted Funds €	2022 €	2021 €
Fundraising and Sponsorship:				
Income from fundraising activities	357,283	-	357,283	191,068

5. EXPENDITURE

5.1 COST OF RAISING FUNDS	Direct Costs €	Other Costs €	Support Costs €	2022 €	2021 €
Cost of Fundraising	43,728	-	-	43,728	19,860
Cost of Event	1,370	-	-	1,370	3,287
Cost of Raising funds	45,098	-	-	45,098	23,147

Cost of Fundraising relates to the costs incurred supporting external fundraising events (posters, collection buckets etc). Cost of Events are the costs incurred supporting our own fundraising events such as the Skydive For Life.

5.2 CHARITABLE EXPENDITURE	Direct Costs €	Other Costs €	Support Costs €	2022 €	2021 €
Schools Programme	109,360	-	-	109,360	42,401
Outreach Programme	22,837	-	-	22,387	8,906
Awareness Programme	11,342	-	-	11,342	11,477
Let's Talk About Mental Health	96,295	-	-	96,295	-
Mobile Awareness Programme	5,942	-	-	5,942	1,336
National Training Centre	13,660	-	-	13,660	20,294
Charitable Expenditure	259,435	-	-	259,435	95,981

5.3 ADMINISTRATIVE EXPENDITURE	Direct Costs €	Other Costs €	Support Costs €	2022 €	2021 €
Administrative Expenditure	-	-	51,396	51,396	62,891

Youth Suicide Prevention Ireland
NOTES ON THE FINANCIAL STATEMENTS

5.4 SUPPORT COSTS	Support Expenditure €	2022 €	2021 €
Light & Heat	1,875	1,875	-
Motor Expenses	348	348	-
Premises Rental	2,924	2,924	12,504
Stripe Fees	4,950	4,950	-
Bank Fees	693	693	2,684
Telephone	4,513	4,513	4,322
Depreciation	3,642	3,642	505
Training	929	929	-
PayPal Fees	2,077	2,077	-
License Fees	9,000	9,000	10,000
Charity Insurance	3,942	3,942	2,634
General Expenses	1,216	1,216	2,668
COVID 19 Expenses	101	101	10,000
Auditors Remuneration	4,196	4,196	3,874
Computer Costs	1,361	1,361	670
General Office	6,671	6,671	10,512
Accounting Services	2,791	2,791	2,329
Legal and Professional	109	109	189
Repairs and Maintenance	58	58	-
	51,396	51,396	62,891

Premises Rental is now included in the National Training Centre expenditure. Stripe and PayPal fees are included for the first time. Light and Heat were included in General Office previously but are now analysed out separately so energy costs can be monitored.. Motor Expenses relate to maintenance of the Mobile Awareness van. Training relates to staff & volunteer safety training to meet insurers' recommended standards.

5.5 ADMINISTRATIVE OVERHEAD

The Administrative Overhead is the cost of running the charity taken as the Administrative Expenditure (note 5.2), as a percentage of Gross Income (note 4.1). The Administrative Overhead provides a clear, standardised method of showing value for money for donors and grantees.

	2022 %	2021 %
Administrative Overhead	14	29

6. ANALYSIS OF SUPPORT COSTS

	2022 €	2021 €
Light & Heat	1,875	-
Motor Expenses	348	-
Premises Rental	2,924	12,504
Stripe Fees	4,950	-
Bank Fees	693	2,684
Telephone	4,513	4,322
Depreciation	3,642	505
Training	929	-
PayPal Fees	2,077	-

Youth Suicide Prevention Ireland
NOTES ON THE FINANCIAL STATEMENTS

License Fees	9,000	10,000	
Charity Insurance	3,942	2,634	
General Expenses	1,216	2,668	
COVID 19 Expenses	101	10,000	
Auditors Remuneration	4,196	3,874	
Computer Costs	1,361	670	
General Office	6,671	10,512	
Accounting Services	2,791	2,329	
Legal and Professional	109	189	
Repairs and Maintenance	58	-	
	<u>51,396</u>	<u>62,891</u>	
7. NET INCOME	2022	2021	
	€	€	
Net Income is stated after charging/(crediting):			
Depreciation of tangible assets	3,642	505	
Auditor's remuneration:			
- audit services	4,196	3,874	
	<u>4,196</u>	<u>3,874</u>	
8. TANGIBLE FIXED ASSETS			
	Fixtures, fittings and equipment	Motor vehicles	Total
	€	€	€
Cost			
At 1 November 2021	4,561	9,700	14,261
Additions	1,745	-	1,745
	<u>6,306</u>	<u>9,700</u>	<u>16,006</u>
At 31 October 2022	6,306	9,700	16,006
Depreciation			
At 1 November 2021	346	159	505
Charge for the financial year	1,217	2,425	3,642
	<u>1,563</u>	<u>2,584</u>	<u>4,147</u>
At 31 October 2022	1,563	2,584	4,147
Net book value			
At 31 October 2022	<u>4,743</u>	<u>7,116</u>	<u>11,859</u>
At 31 October 2021	<u>4,215</u>	<u>9,541</u>	<u>13,756</u>
9. DEBTORS		2022	2021
		€	€
Other debtors		-	4,826
		<u>-</u>	<u>4,826</u>
		<u>-</u>	<u>4,826</u>

Youth Suicide Prevention Ireland
NOTES ON THE FINANCIAL STATEMENTS

10. CREDITORS	2022	2021
Amounts falling due within one year	€	€
Bank overdrafts	1,393	1,595
Accruals and deferred income	4,159	3,874
	<u>5,552</u>	<u>5,469</u>

11. RESERVES	2022	2021
	€	€
At the beginning of the year	107,660	78,751
Surplus for the financial year	1,354	28,909
At the end of the year	<u>109,014</u>	<u>107,660</u>

12. FUNDS

12.1 RECONCILIATION OF MOVEMENT IN FUNDS	Unrestricted Funds	Total Funds
	€	€
At 1 November 2020	78,751	78,751
Movement during the financial year	28,909	28,909
At 31 October 2021	107,660	107,660
Movement during the financial year	1,354	1,354
At 31 October 2022	<u>109,014</u>	<u>109,014</u>

12.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 November 2021	Income	Expenditure	Transfers between funds	Balance 31 October 2022
	€	€	€	€	€
Unrestricted funds					
Unrestricted General	107,660	52,750	51,396	-	109,014
Total funds	<u>107,660</u>	<u>52,750</u>	<u>51,396</u>	<u>-</u>	<u>109,014</u>

12.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use	Current assets	Current liabilities	Total
	€	€	€	€
Unrestricted general funds	11,859	101,314	(4,159)	109,014
	<u>11,859</u>	<u>101,314</u>	<u>(4,159)</u>	<u>109,014</u>

13. RELATED PARTY TRANSACTIONS

During the year the company, Youth Suicide Prevention Ireland Publications Limited provided outreach services to schools to the value of €79,000 (2021: €19,690). Youth Suicide Ireland Prevention Limited is a company that is 100% controlled by the trustees of Youth Suicide Prevention Ireland.

During the year the charity was charged license fee of €9,000 (2021 : €10,000) for use of various school programmes by key management.

14. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

15. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the Board of Trustees on 15th August 2023.