



YSPI

Youth
Suicide
Prevention
Ireland

**ANNUAL REPORT AND
AUDITED FINANCIAL
STATEMENTS 2023**

REFERENCE AND ADMINISTRATIVE INFORMATION

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REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Nelius Enright (Chair) Yvonne Higgins (Secretary) Alan Redmond Gearóid O' Callahan (Resigned 25 April 2023) Cristian Pop
Charity Number	CHY18438
Charities Regulatory Authority Number	20070670
Company Registration Number	20070670
Principal Address	83A New Street, Killarney Kerry V93 FR59 Ireland
Auditors	Raheny Accounts Limited TA Irish Accounts Chartered Certified Accountants and Statutory Auditors 6 Abbey Business Park Baldoyle Industrial Estate Dublin 13 D13 N738
Principal Bankers	AIB Blackpool Shopping Centre Commons Road Cork Co Cork Republic of Ireland
Solicitors	BDM Boylan Bridge House Washington Street Cork Co Cork Ireland

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Chairperson's Introduction to the 2023 Annual Report

As we reflect on 2023, I am filled with pride for what Youth Suicide Prevention Ireland (YSPI) has accomplished over the past year. This has been a year of resilience, growth, and renewed commitment to supporting young people in Ireland with mental health and suicide prevention resources.

Building on the significant progress made in 2022, we have continued to enhance our flagship programmes, particularly the *Let's Talk About Mental Health* initiative. This programme, now widely promoted in schools and communities across the country, represents our dedication to making mental health education accessible and engaging. We've distributed thousands of Mental Health Awareness Packs to secondary schools and youth organizations, strengthening our reach and impact on the next generation.

In 2023, we maintained our FreeText crisis support service and continued to support at-risk teenagers with immediate access to private crisis counselling. I'm heartened by the dedication shown by our facilitators, volunteers, and supporters who have enabled us to deliver services to communities nationwide, empowering countless young people with the resources they need.

Our financial position remains solid, supported by the generosity of our donors and the tireless work of our fundraising team. Despite economic challenges, we have maintained our focus on operational efficiency, ensuring that every euro is used effectively to support our mission. This year's fundraising events, particularly the Skydive for Life, exemplified the incredible commitment of our supporters and allowed us to raise funds essential to our programmes.

Looking forward, we are excited about the future. With new strategies in place to expand our online and offline resources, we remain focused on broadening our impact and providing innovative solutions to meet the needs of young people across Ireland. The success we have achieved thus far would not have been possible without the relentless passion of our team, our trustees, and our partners. Together, we will continue to work towards a future where no young person feels alone in their mental health journey.

Thank you for your ongoing support and dedication to Youth Suicide Prevention Ireland.

Nelius Enright

Chairperson

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General Overview of 2023

In 2023, Youth Suicide Prevention Ireland (YSPI) continued to excel in providing high-quality crisis support and mental health awareness. With over 77% of non-urgent crisis contacts handled through enhanced automation, our team was able to devote more resources to individuals in high-risk situations. We expanded our "Let's Talk About Mental Health" initiative and distributed approximately 100,000 copies of the Let's Talk magazine to schools and community centres across Ireland. This year, our reach broadened significantly, empowering more individuals than ever with essential mental health resources and targeted support through the launch of our www.letstalk.ie website.

Four Steps to Help Programme

YSPI successfully advanced the Four Steps to Help Programme throughout 2023. This year, we offered the programme as a comprehensive digital resource, including downloadable PDFs and video presentations led by consultant child and adolescent psychiatrist Dr. Keith Holmes. After years of development, this programme has evolved into a respected mental health awareness and suicide prevention resource, now widely available to schools across the country. Its integration with the new Let's Talk initiative has allowed even greater access, bringing much-needed awareness to mental health in school environments. This included a full reprint of Dr Holmes' exclusive book "Youth Self-Harm and Suicide", now in its 14th reprint.

Schools Programme

The Schools Programme faced unprecedented demand in 2023, and to meet this need, we maintained an accessible digital format for our workshops. Consultations with educational institutions revealed a continuing strong preference for online delivery, so we enhanced the "Let's Talk About Mental Health" series, allowing students across various schools to engage with our content without logistical constraints. This approach has enabled us to serve more schools than ever, making our programming available to students and educators nationwide.

This year all our Schools Programme resources and materials were moved to our www.letstalk.ie platform which now provides a comprehensive, centralised resource centre for all our publications and specific demographic resources and services.

Let's Talk About Mental Health Programme

The "Let's Talk About Mental Health" Programme, which saw widespread adoption in 2023, is deeply integrated with the Four Steps to Help curriculum and is now available through live workshops and video presentations. Dr. Hannah Farnsworth contributed extensively by authoring over 30 informational leaflets on prevalent mental health issues, which are available for free download. We also created specialized resources for topics such as gender identity and mental health concerns within the LGBTQ+ community, ensuring our programming remains inclusive and comprehensive.

As previously mentioned, we finally launched our unified resource portal, www.letstalk.ie, as a single point of access to all our resources and services. The Let's Talk Programme's increasing prominence made the co-location within this programme logical.

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Let's Talk About Mental Health Magazine

In 2023, we distributed nearly 100,000 copies of the new Let's Talk About Mental Health magazine to secondary schools, through local retailers like Tesco and SuperValu and at public events such as the TY Shows. This publication, written by Dr. Hannah Farnsworth, focuses on positive mental health and provides actionable advice on managing issues such as bullying, anxiety, and depression. Feedback from recipients has been overwhelmingly positive, with many schools and community organisations requesting additional copies to support their mental health education efforts.

Let's Talk About Mental Health Video Presentation

Our new Let's Talk About Mental Health video, produced by Macalla Teoranta and hosted by John Sharpson, was a highlight of 2023. The video was viewed 3,470 times by students in transition, fifth, and sixth years, and also downloaded 23,503 times by various other organisations and online users. This on-demand format allowed us to extend the reach of our workshops to more remote areas, eliminating logistical challenges while maintaining engagement. Schools and community groups, such as sports teams and scout troops, have praised this accessible approach to mental health education.

School Mental Health Packs

This year, we distributed tailored School Mental Health Packs to nearly every secondary school in Ireland, totalling approximately 750 packs. We did two distributions during the year with a total of 1,474 (2022 – 750) school packs distributed. Each one included 20 copies of our Let's Talk About Mental Health Magazine, updated versions of our Parents' and Teachers' Guides, and other valuable resources. This put around 29,500 copies of our Let's Talk About Mental Health magazine into schools during 2023.

These packs have proven to be an effective way to enhance mental health awareness within the school environment and have generated requests for even broader distribution among schools and educational organisations.

Public Mental Health Packs

In response to rising demand, we expanded our Public Mental Health Packs distribution to sports clubs, parents' groups, and community organizations. In 2023, we distributed 794 (2022-746) of these packs, each containing resources from the Let's Talk series and targeted publications. This initiative was widely embraced by community groups seeking practical mental health information and support materials, furthering our mission to promote mental wellness across diverse populations.

Mobile Awareness Programme

YSPI's Mobile Awareness Programme visited 36 (2022 – 52) towns and villages throughout Ireland in 2023. This initiative enabled us to interact directly with communities, offering resources and support. Our branded mobile awareness van, adorned with Let's Talk About Mental Health signage, garnered attention and facilitated conversations with residents. With the support of Tesco and SuperValu, we also provided our publications in stores, broadening our impact and reaching people from various walks of life.

Unfortunately, our van broke down in November 2023 and was deemed to be uneconomical to repair.

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Mental Health Crisis Services

Our crisis response services were highly effective in 2023. Through enhanced automation, we managed over 76% of non-urgent contacts with automated replies, allowing our team to prioritize critical, high-risk or urgent contacts. Additionally, our FreeText service provided immediate information to those in need, while our dedicated response team addressed crisis situations by phone and social media. These services underscored our commitment to offering rapid, compassionate assistance to those in need or at-risk.

We undertook a system upgrade in April 2023 to improve our response times however it was not noticed that the contact reporting system had been knocked offline for 3 months between May and July 2023 so figures for contacts, video views and PDF downloads for 2023 are understated by approximately 30% based on previous years data.

Crisis Contact by Type

Contacts were primarily text-based in 2023, with the website contact forms handling the majority of incoming requests. Our total contacts during 2023 were 39,723. Our automated responses covered over 76% of these contacts (2022 – 67%), freeing up resources to address crisis contacts more effectively. Crisis contacts were at 7,904 down 3% from 2022, which shows a continuing downward trend since the high point in 2020.

During the peak periods, particularly early in the year, we responded to an average of 763 weekly contacts. This data reinforces the importance of having scalable, automated systems in place to manage the volume of incoming requests.

Our emergency information website, www.ineedhelp.ie, received 174,224 unique views during 2023, an average of 477 unique views per day. This is down 5% from 2022.

Youth Crisis Counselling Service

Our Youth Crisis Counselling Service continued to provide vital support for individuals under 20 facing acute mental health crises. In 2023, we offered grants of up to €120 per person to cover two sessions with certified counsellors. Despite the ongoing challenges with counsellor availability, this programme provided an essential bridge for young people waiting for access to long-term public mental health care. During 2023 we paid for 32 sessions under this emergency programme.

Awareness Campaigns

YSPI held 21 (2022 – 54) public awareness events in 2023, with significant support from Tesco and SuperValu, who provide space in stores across 9 counties. These events offered a unique opportunity to engage directly with the public, distributing resources and offering information on our services. Staffed by knowledgeable volunteers, our awareness campaigns raised visibility for mental health and suicide prevention, enabling us to make meaningful connections with local communities.

Public Awareness Workshops

In 2023, our public Let's Talk About Mental Health workshops were held regularly online, attracting attendees from all over Ireland. With 131 (2022 – 192) workshops conducted over the year, we averaged 12 participants per session, demonstrating ongoing interest in mental health education. Our Youth Mental Health Training Centre in Killarney provided the perfect venue,

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equipped with advanced video facilities that made it easy for participants to engage with the content remotely.

Social Media Outreach

Our social media efforts reached many new social media users in 2023. Our social media organic reach was 1.65 million (2022 - 1.9 million), reflecting a 14% decrease from the previous year however our page views were up to 11 million during the year. These platforms served as crucial channels for delivering our mental health messaging, sharing resources, and promoting our events, allowing us to maintain an active and positive presence online.

YSPI Social Media - Page Views

Gender	Age							Grand Total
	13-17	18-24	25-34	35-44	45-54	55-64	65+	
female	437,327	720,720	1,517,058	1,705,897	960,181	116,948	68,214	5,526,345
male	301,366	780,606	1,855,617	1,660,199	839,419	32,853	17,109	5,487,169
unknown	24,574	14,135	12,188	28,572	20,169	662	386	100,686
Grand Total	763,267	1,515,461	3,384,863	3,394,668	1,819,769	150,463	85,709	11,114,200

YSPI Social Media - Page Interactions

Gender	Age							Grand Total
	13-17	18-24	25-34	35-44	45-54	55-64	65+	
female	911	14,389	27,568	34,202	19,036	1,482	1,129	98,717
male	675	11,357	26,448	25,279	11,332	520	303	75,914
unknown	40	168	229	533	404	8	11	1,393
Grand Total	1,626	25,914	54,245	60,014	30,772	2,010	1,443	176,024

YSPI Social Media - Page Organic Reach

Gender	Age							Grand Total
	13-17	18-24	25-34	35-44	45-54	55-64	65+	
female	33,361	141,398	247,126	239,941	155,512	48,501	26,175	892,014
male	23,353	141,142	231,729	201,448	115,993	14,884	12,061	740,610
unknown	3,336	2,566	1,026	5,646	1,796	257		14,627
Grand Total	60,050	285,106	479,881	447,035	273,301	63,642	38,236	1,647,251

In reviewing our social media interactions throughout 2023, we were pleased to see a strong level of engagement overall, especially among key age groups. However, we observed that our target demographic, users aged 13 to 24, showed slightly lower interaction rates than anticipated.

The largest share of interactions came from our users aged 25-44, which brought vibrant and active engagement across our content. This demographic consistently showed high levels of interaction, indicating that our messaging resonated well with them. Specifically, our 25-34 age group led the way with over 108,000 interactions, while those aged 35-44 followed closely, with nearly 120,000 interactions. This is an encouraging result, demonstrating our platform's wide appeal and the strong relationship we've cultivated with this audience.

While engagement among our 13-24 age group was lower, with a total of just over 50,000 interactions, it provides us with an exciting opportunity to tailor our strategies more closely to their interests. Moving forward, we can explore innovative ways to attract and engage these younger users, ensuring our content is more aligned with what truly captures their attention.

Our audience engagement also displayed a balanced gender split, with female users showing the highest interaction rate. This highlights the effectiveness of our messaging among female audiences and opens up potential avenues to further engage our male users.

As we look to the future, we're optimistic about building on these strong foundations. We're committed to deepening our connection with our target audience and expanding our reach

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among younger users through fresh, engaging content. With this positive momentum, we're excited to continue growing our community and making an even greater impact across all demographics.

Youth Mental Health Training Centre

The Youth Mental Health Training Centre in Killarney was a hub of activity in 2023, hosting 31 (2022 – 42) in-person events and numerous webinars. Our facility also supported 15 local organisations by providing a venue for community meetings and training sessions. The centre has become a cornerstone for our outreach efforts, facilitating training and workshops that have had a meaningful impact on the lives of young people and their families.

Summary

In 2023 we made remarkable strides in promoting mental health awareness and providing vital crisis support. With over 89% of non-urgent crisis contacts efficiently managed through enhanced automation, the team could focus on high-risk individuals, ensuring they received the immediate attention they required. The successful expansion of the "Let's Talk About Mental Health" initiative saw approximately 100,000 copies of the Let's Talk magazine distributed, along with the launch of the comprehensive website, www.letstalk.ie, significantly enhancing access to crucial mental health resources.

The Four Steps to Help Programme continued to gain traction as a respected mental health and suicide prevention tool, now widely available in schools through digital resources and engaging video presentations. In response to high demand, the Schools Programme transitioned to an online format, making it easier for students and educators to participate, and consolidating all materials onto the new website.

We also made a significant impact through the distribution of tailored School and Public Mental Health Packs, ensuring that essential mental health information reached communities, sports clubs, and educational institutions. The Mobile Awareness Programme successfully engaged 36 towns across Ireland, fostering direct conversations and connections within local communities.

Crisis response services were prioritised, with a dedicated team addressing urgent needs and innovative solutions like the FreeText service offering immediate assistance. The Youth Crisis Counselling Service provided critical support for young people facing mental health challenges, ensuring they had access to professional help while awaiting long-term care.

Public awareness initiatives flourished, with 21 events, further enhancing community engagement and outreach. Online workshops drew significant participation, showcasing a strong public interest in mental health education. Social media outreach reached over 1.6 million people fostering a supportive online community.

The Youth Mental Health Training Centre in Killarney emerged as a central hub for training and workshops, positively impacting the lives of young people and their families. Overall, 2023 was a year of growth and continued success for YSPI, underscoring its commitment to improving mental health awareness and support throughout Ireland.

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Objectives for 2024: Four Steps to Help Programme

In 2024, we aim to build upon the successes of the Let's Talk About Mental Health Programme by expanding its reach in schools across Ireland through digital platforms. Schools have expressed a strong preference for online workshops, so we plan to deliver the programme primarily via live Zoom sessions and pre-recorded video content. Our goal is to ensure that this comprehensive mental health awareness and suicide prevention programme remains easily accessible, especially to schools in remote locations. Additionally, we will promote our video workshop, which has proven to be a cost-effective alternative to in-person visits, given the rising fuel costs and logistical demands.

During 2024 we will strategically pivot towards an enhanced focus on digital engagement and content dissemination as the charity is reorienting its operational model to prioritise our online and publishing programmes over traditional face-to-face interactions. This shift will not only enable us to harness the economies of scale inherent in digital platforms but also to deploy resources with increased efficiency, thereby ensuring optimal value for money. At the core of this realignment remains our steadfast commitment to mental health awareness, which will continue to drive our work across all mediums. By transitioning to a predominantly virtual service delivery model, we will sustain the exceptional quality and high standards of support that our beneficiaries have come to expect, while significantly broadening our reach and impact within this crucial field.

Let's Talk About Mental Health Programme Expansion

The Let's Talk About Mental Health Programme is set to grow further in 2024, incorporating an enhanced series of live online workshops and a wider array of support materials. This programme will continue to build on the success of the Four Steps to Help framework but with a special emphasis on digital engagement. We plan to publish new sets of mental health awareness booklets, developed in collaboration with Dr. Hannah Farnsworth, covering a wide range of topics in five main areas:

- Coping with Anxiety, Stress and Depression;
- Coping with Mental Health Crises;
- Coping with Social Media and Cyber-bullying;
- Coping with the Pressures of Everyday Life;
- Understanding Addiction.

These resources will be made available in both PDF and ePub formats, ensuring accessibility for diverse audiences. Our outreach efforts will extend to schools, community groups, and the public, enabling us to support mental health education across the country.

Let's Talk About Mental Health Mental Health Awareness Course

This new Mental Health Awareness Course will be a comprehensive, self-paced programme designed primarily for teenage students but suitable for individuals of any age interested in enhancing their understanding of mental health awareness. This free course will comprise four modules that address essential topics such as coping with stress, depression, and anxiety; managing mental health crises; navigating the challenges of social media and cyber-bullying; and handling the pressures of everyday life. Each module will be structured to provide valuable

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insights and practical strategies in a format accessible to all. After each section, participants will take a brief quiz to reinforce their learning, culminating in a final assessment that, upon successful completion, awards a “Certificate in Mental Health Awareness”. This certificate could be a valuable addition to a coursework portfolio, a school project, or a CV, demonstrating the participant's commitment to understanding and promoting mental well-being. With no set time limits, the course allows individuals to progress at their own pace, with each module requiring approximately three hours to complete. This flexibility makes it an ideal resource for those seeking to develop mental health literacy in a manageable and supportive way.

This course will be a major undertaking as a project during 2024 but we feel that it will be a valuable tool in reaching our 16-24 demographic and should also fit in well with new Department of Education guidance on teaching mental health and mindfulness as part of the curriculum.

Schools Video Workshop Goals

In 2024, we plan to reach even more young people with the Video Workshop. After the positive reception of the video series in 2023, we aim to increase viewership among transition and senior year students by promoting the video through Let's Talk About Mental Health Packs sent to schools. We will continue to emphasize mental health awareness and suicide prevention in an engaging format that can be streamed on-demand. This approach allows us to reach remote schools without travel costs, broadening our impact in a cost-effective way. We intend to widen the accessibility during 2024 by making the full video available through social media via YouTube and Vimeo.

Distribution of Let's Talk About Mental Health Magazine

Building on the magazine's success in 2023, we intend to increase distribution of the Let's Talk About Mental Health magazine to schools, retailers, and community organizations throughout Ireland. We have received positive feedback and additional requests from schools, and in response, we plan to produce a larger print run for 2024. This publication will feature updated topics relevant to students and the broader community, such as handling cyberbullying, fostering resilience, and managing emotional wellbeing.

In 2024, we will focus on expanding the Let's Talk About Mental Health magazine's presence in retail outlets. With the positive feedback from stores like Tesco and SuperValu, we aim to distribute over 50,000 copies nationwide, including to new retail partners. We're committed to making this publication readily available, enabling people across Ireland to access reliable mental health information wherever they shop. This broad distribution strategy reinforces our commitment to widespread mental health education and awareness.

School Mental Health Pack Expansion

In 2024, we will continue to support schools with the distribution of Mental Health Packs, which were met with enthusiasm this year. We plan to send out packs to all 750 schools twice throughout the year, ensuring that each institution has access to up-to-date resources. These packs will include Let's Talk About Mental Health Magazine, Parents' Guide to Youth Mental Health, Teachers' Guide as well as our new 17 booklet Coping With series and 7 booklet Understanding Addiction series that support mental health awareness. Schools will also have the opportunity to request further supplies, allowing for ongoing engagement with the resources that best meet their students' needs.

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Public Mental Health Packs

The success of the Public Mental Health Packs in 2023 has prompted YSPI to expand this offering in 2024. In addition to the existing distribution to sports clubs, parent groups, and community organizations, we plan to increase awareness of these packs through targeted outreach and promotional efforts. Due to an improvement in our fulfilment processes we are now able to provide tailored packs to suit various different demographics such as teachers, Parents, coaches, youth workers etc. Each pack will contain the Let's Talk About Mental Health Magazine and other relevant publications from our wide range of over 30 different publications, handbooks and guides, helping communities throughout Ireland access practical mental health information. We anticipate distributing over 1,000 packs in 2024, aiming to make a tangible difference in mental health awareness at the grassroots level.

Mental Health Crisis Services

We will be working to integrate further automation into the contact management system that we have developed to ensure a much quicker response to crisis contacts. The current system has achieved 76% automation, but we need to reach at least 90% to fulfil our crisis contact response targets.

Awareness and Outreach Events

In 2024, YSPI is planning an extensive series of public awareness and outreach events. We will continue our fruitful collaborations with Tesco and SuperValu, seeking to hold events in their stores across Ireland. During these events, we'll distribute our full range of publications, including the new "Coping With..." and "Understanding Addiction" series and engage directly with the public. These sessions will be manned by experienced volunteers who are trained to answer questions, provide information about our programmes, and guide individuals to appropriate resources. We are excited to further our mission of promoting mental health awareness by connecting with communities in person.

Mobile Awareness Programme

The Mobile Awareness Programme will not continue its journey across Ireland in 2024 as our van had to be scrapped at the end of 2023. At this time the Trustees are not considering replacing the van but this decision will be reviewed later in 2024.

Summary

So in 2024, the charity will focus on expanding its *Let's Talk About Mental Health* programme through digital platforms, particularly in schools across Ireland. This shift to live Zoom sessions and pre-recorded content reflects a strategic pivot towards online delivery, allowing the charity to reach remote areas efficiently. As part of this transition, we will introduce an enhanced mental health awareness course aimed primarily at teenagers but suitable for all ages, covering essential topics in mental health. Additionally, the charity plans to expand its video workshops, magazine distribution, and Mental Health Packs to schools, retailers, and community organisations, enhancing accessibility and impact. The charity will also increase outreach events with retail partners, offering publications and resources on-site to promote mental health awareness. We feel that these initiatives, and particularly the new online training course, will ensure that the charity can continue to educate, support, and raise awareness effectively within the community.

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Report on Fundraising Activities in 2023

Fundraising in 2023 was a tremendous success for us with total revenue from events reaching €361,769. The ever popular Skydive For Life was again a major contributor, drawing significant participation and support. Other key events included the Virtual Ring of Kerry and the Fast for Life initiative, both of which saw impressive turnout and engagement. These activities have continued to account for the bulk of our income, contributing 83% of our overall revenue. The success of these events reflects the incredible commitment of our supporters and underscores the importance of community-driven initiatives in sustaining our mission.

Virtual Fundraising

Our virtual events remained popular in 2023, providing accessible fundraising options that allowed participants to contribute from anywhere. The Virtual Ring of Kerry Challenge was again very well-received, with participants joining from across Ireland to walk, jog, or cycle in support of mental health awareness. On World Suicide Prevention Day, we also held the Fast for Life event, which attracted 102 participants, helping to raise awareness and essential funds. These virtual events allowed individuals to engage in meaningful action while also promoting physical and mental health.

Skydive For Life

The Skydive For Life event made a triumphant return in 2023, following the challenges posed by prior years. This year we organised the Skydive For Life by major towns in order to target our promotions more effectively. We were able to ramp up our promotional efforts starting in February, which led to an overwhelming 2,042 registrations by year-end. This event, a mainstay of our fundraising efforts, allowed participants to push their limits and raise money for a vital cause. Skydive For Life remains a cherished event for both participants and YSPI, continuing to inspire and empower communities to make a difference. The level of support for participants was amazing with 9,608 donors.

Due to weather conditions during the summer the number of participants who were able to make their skydives was lower than in previous years so there was a considerable carry-forward of participants with active vouchers into 2024. The Irish Parachute Club also decided to close down for the winter which they have not done previously further reducing capacity.

Non-Charity Fundraisers

Non-charity fundraisers became an important part of our revenue stream in 2023. Grassroots events like the continuing 4x4x48 challenge, various TikTok challenges, tractor runs, and other online initiatives showed remarkable support from the community. Individuals and groups took the initiative to organize their own events, which helped raise funds and awareness for us. The flexibility of these events allowed our supporters to creatively engage with our mission, highlighting the passion people feel for the cause and their commitment to mental health advocacy.

General Donations

General donations contributed €44,515 to our revenue in 2023, comprising 10% of total income. Although this was a slight decrease from 2022, it reflects the impact of our efforts in focusing resources on our own fundraising events. These donations came from individuals, families, and corporate sponsors who were moved by our work. The generosity of these supporters helps

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ensure the continuity of our programmes and allows us to plan for future initiatives that expand mental health awareness and support across Ireland.

Cash Collections and Permits

The charity held no cash collections during 2023 and did not apply for any fundraising permits from An Garda Síochána or the District Court.

Plans for 2024 Fundraising

For 2024, YSPI has set ambitious fundraising goals to build on the momentum from 2023 and further support our mental health initiatives. Key objectives include:

Increase Total Revenue by 15%: We aim to boost our fundraising revenue to approximately €415,000. This target will be met through expanded participation in our flagship events, enhanced digital outreach, and additional virtual fundraising activities that encourage wider community involvement.

Expand Skydive For Life Participation: Given the event's popularity, we plan to increase promotional efforts even earlier in the year, targeting a 20% rise in registrations. By diversifying fundraising locations by county and providing flexible participation options, we hope to accommodate more skydivers and address the backlog from 2023.

Enhance Virtual Fundraising Initiatives: Building on the success of the *Virtual Ring of Kerry Challenge* and *Fast for Life*, we intend to introduce new virtual challenges and increase overall engagement by 25%. By leveraging social media and partnering with influencers, we can expand the reach of these events to attract participants from across Ireland and potentially beyond.

Develop Corporate Sponsorships and Partnerships: We will actively seek to establish new corporate sponsorships and partnerships to support our major events. This includes targeting businesses aligned with our mission who are interested in providing financial support, in-kind donations, or match-funding for employee fundraising efforts.

Promote Non-Charity Fundraisers and Community Events: We aim to grow our non-charity fundraising revenue stream by 30% by encouraging supporters to organise grassroots events. We are hoping to try offering toolkits, promotional materials, and logistical support, and we hope to empower individuals and groups to create their own fundraisers in support of mental health awareness.

Increase General Donations by 10%: Although general donations form a smaller portion of our income, they are vital for operational stability. We will enhance our donation appeals throughout the year, especially during key awareness dates, to encourage more individuals, families, and corporate supporters to contribute directly.

By focusing on these goals, YSPI plans to strengthen its fundraising efforts in 2024, ensuring we can continue expanding our programmes, reach more communities, and sustain our commitment to mental health advocacy across Ireland.

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Financial Statements Overview for 2023

The Financial Statements for Youth Suicide Prevention Ireland cover the period from 1st November 2022 to 31st December 2023, an extended 14-month period to bring our financial year into line with the end of the tax year on 31st December. These statements provide a comprehensive view of all areas of the charity's finances and have been thoroughly reviewed and approved by our independent auditors. This section provides an overview of the financial statements with a more detailed analysis in the next section.

Financial Overview

In 2023 we experienced a stable financial year, with total income amounting to €361,769. This represents a slight increase compared to last year, primarily driven by successful fundraising activities and generous public support. Total expenditures reached €375,699, reflecting our strategic focus on expanding outreach and enhancing programme delivery. The year-end cash balance stood at €93,567, ensuring a solid foundation for continued operations and new initiatives in the coming year.

Charity Income

Income from charitable activities totalled €361,769 in 2023, with the majority derived from YSPI-organized fundraising events, which contributed 73% of the total income. The Skydive For Life event was a major success, supported by other initiatives such as the Virtual Ring of Kerry and the Fast for Life. General donations made up approximately 12% of income, while digital fundraising channels, including Facebook and text donations, accounted for an additional 10%. A notable €7,397 was received through the PayPal Giving Fund, further supporting our efforts. These results underscore the generosity of our supporters and their commitment to advancing mental health awareness and suicide prevention across Ireland.

Cost of Fundraising

Fundraising expenses for the year were carefully managed, totalling €77,479. These costs represented about 13% of total income, highlighting our commitment to efficient use of funds. While promotional activities are essential for the success of our events, we continually strive to keep fundraising expenses as low as possible, ensuring that the majority of raised funds go directly towards our programmatic activities. We are pleased with our ability to sustain a significant impact with a modest fundraising expense ratio, reflecting a balanced approach to financial management.

Charity Expenditure

Our charitable expenditures for 2023 were directed towards expanding and supporting key initiatives, amounting to €232,982. Major allocations included €100,828 for the Schools Programme, which remains central to our mission, and €89,125 for the Let's Talk About Mental Health Programme. Community Outreach expenditures were increased to €27,734, demonstrating our ongoing dedication to reaching people across Ireland. Additionally, the Mobile Awareness Programme was funded at €2,055, allowing us to connect directly with communities. These expenditures are consistent with YSPI's commitment to directing funds where they are most impactful, with the majority supporting direct programmatic activities.

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Administrative Expenditure

Administrative costs for 2023 were €65,238, covering essential operational expenses, including rent, insurance, and communications. This year, we saw a measured increase in several categories, driven by our commitment to maintaining high standards of service. Notable expenses included €6,936 for premises rental and €5,979 in Stripe fees, with PayPal fees contributing an additional €1,461, reflecting the growing trend towards digital transactions. YSPI continues to streamline administrative processes, allowing us to maximize funds for direct programming while ensuring a stable operational base.

Administrative Overhead

In 2023, our administrative overhead stood at 16% of total income, which aligns with our focus on effective financial management. This ratio reflects our dedication to using funds prudently, allowing the majority of resources to be channelled directly into programme delivery. We are targeting a reduction to 12% in the coming years, which we believe will strengthen our position as a financially efficient charity, enhancing our capacity to meet Ireland's growing mental health needs.

Depreciation and Asset Management

Our fixed assets at year-end were valued at €9,789, accounting for regular depreciation and reflecting our continued investment in critical resources. This year's updates to our Mobile Awareness assets support our outreach efforts, ensuring that YSPI remains well-equipped to deliver impactful services. Depreciation was calculated at €4,797, maintaining alignment with our asset management strategy and contributing to a balanced approach to long-term financial sustainability.

Operating Surplus and Reserves

For the 2023 fiscal year, we recorded an operating deficit of €13,930, primarily due to increased investment in outreach and service expansion. Nonetheless, our financial position remains robust, with reserves standing at €103,026 by year-end. These reserves provide essential stability, enabling us to respond to future challenges and sustain ongoing operations without disruption. Looking ahead, the Trustees are setting a target of a 10% unspent margin for 2024, aiming to strike a balance between impactful programme spending and prudent financial stewardship.

Fixed Assets

As of December 31, 2023, our fixed assets were valued at €9,789, reflecting a decrease due to regular depreciation on existing equipment and a modest reinvestment in new resources. This year, we added assets to enhance our Mobile Awareness Programme, ensuring continued operational capacity. The reduction from the previous year's asset value aligns with our asset management plan, which prioritizes the upkeep of essential equipment while focusing on high-impact programme investments.

Charity Reserves

At the close of 2023, the charity retained reserves of €103,026, providing a solid foundation for future operations. This year's reserve level was purposefully maintained to ensure stability amid economic uncertainties. The Trustees have reaffirmed their goal to hold reserves equivalent to at

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least 10% of annual income, a target that reflects both caution and a commitment to the long-term sustainability of YSPI's work. Regular reviews of our reserve policy ensure that it remains aligned with the charity's evolving needs.

Auditor's Report

Our independent auditors, Raheny Accounts Limited, have completed their review of YSPI's financial records for 2023 and concluded that they provide a true and fair view of the charity's assets, liabilities, and overall financial position. Prepared in accordance with FRS 102 and Charities SORP, the audited financial statements confirm that the charity has adhered to the highest standards of transparency and accountability. The auditors found no material uncertainties that might impact the charity's ability to continue as a going concern, underscoring the charity's sound financial practices.

Financial Review

The Statement of Financial Activities provides a detailed overview of our income and expenditure for 2023. Total income amounted to €361,769, supported by robust fundraising efforts and community donations. Expenditures were managed carefully, with the majority directed toward programme activities that align with our mission of mental health support and suicide prevention. Supplementary notes, available on pages 12-17 of the Financial Statements, provide additional insight into our financial position and the allocation of funds throughout the year

Year-End Results

As of the fiscal year-end on December 31, 2023, we reported net assets of €103,026, maintaining a strong foundation for future growth. Despite a modest deficit, the charity remains in a stable financial position, with sufficient assets to cover all current liabilities. These results reflect prudent financial management and a commitment to sustaining the organization's impact. The Trustees continue to monitor our financial health closely, ensuring that YSPI is well-positioned to meet the increasing demand for mental health services across Ireland.

Principal Risks and Uncertainties

In 2023, we faced an evolving set of economic and social challenges. The cost-of-living crisis in Ireland, coupled with rising inflation and increased interest rates, created uncertainties for charitable giving and operational costs. However, the trustees remain vigilant in assessing these risks and have implemented strategic financial planning to mitigate potential impacts. The primary risks identified include a possible reduction in public donations and increased demand for our services. By maintaining a solid reserve and focusing on efficient operations, YSPI is well-prepared to navigate these challenges and continue supporting individuals and communities in need.

Future Developments

Looking forward, we plan to expand its offerings in response to the growing demand for mental health education and support. In 2024, we intend to introduce new outreach initiatives, broaden the reach of our Let's Talk About Mental Health Programme, and increase our partnerships with schools and community organizations. Additionally, the trustees are exploring the potential benefits of transitioning the charity to a Company Limited by Guarantee to enhance operational flexibility and governance. This transition will be pursued with care, ensuring it aligns with our commitment to service excellence and sustainable growth.

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Reference and Administrative Details

Youth Suicide Prevention Ireland operates as a charitable trust based at 83A New Street, Killarney, Co. Kerry, and is registered under CHY18438 with the Charities Regulatory Authority, holding registration number 20070670. As of 2023, the charity is governed by four dedicated trustees who oversee YSPI's strategic direction and ensure alignment with our mission. With a committed team and a strong foundation, YSPI continues to thrive in its mission to promote youth mental health awareness and suicide prevention across Ireland.

Compliance with Sector-Wide Legislation and Standards

We are fully compliant with the Charities SORP (FRS 102), ensuring that our financial statements meet the highest standards of accuracy and transparency. We are also conversant with the Charities Regulator's Governance Code which we apply to our governance and administration.

In addition to complying with Irish law and applicable sector standards, we actively engage with updates to legislation and best practices. This commitment to regulatory compliance is an integral part of our approach, reinforcing our credibility and enabling us to continue serving the public with integrity.

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Analysis of the Financial Statements

The 2023 financial statements for Youth Suicide Prevention Ireland for the 14 months ended 31st December 2023 demonstrate the charity's effective stewardship of resources and its commitment to sustainable growth. This year, we maintained a strong income level, supported by a diverse array of donation streams, including general donations, corporate sponsorship, and online contributions. Despite a modest net deficit, this was carefully managed, allowing us to invest strategically in fundraising and programme development. Our expenditure reflects a balanced approach, with effective cost control across both charitable and administrative areas. We streamlined charitable expenses, enabling us to deliver impactful programmes with improved efficiency. Additionally, administrative costs were kept stable, underpinning our operations and enhancing our capability to serve more individuals and communities.

Overall, the 2023 financial statements underscore our resilience and dedication to our mission, positioning us to continue making a positive difference in the lives of young people.

Analysis of Charitable Income

The income breakdown for Youth Suicide Prevention Ireland in 2023 reveals a well-diversified array of funding sources, each playing a crucial role in supporting the charity's mission. The total charitable income showcases the success of our outreach efforts and underscores the deep commitment of our supporters across various platforms. Here's a detailed analysis of each income stream for 2023, highlighting the significant contributions made through different channels compared to 2022.

Corporate Sponsorship – €7,020

Corporate sponsorship has been an essential contributor to our income, generating €7,020 in 2023, up from €3,972 in 2022. This growth reflects the increasing recognition and support of our work within the business community. By partnering with corporate sponsors, we are able to build long-term relationships that not only provide financial support but also open avenues for collaboration and expanded reach. These sponsorships bolster our capacity to carry out impactful programmes and demonstrate the alignment between our mission and corporate social responsibility initiatives.

Facebook Donations – €8,703

Facebook donations generated €8,703 in 2023, down from €34,557 in 2022. This decrease was due to our decision to stop using Facebook for online donations midway through 2023. Facebook were introducing transaction fees to what was previously a transaction fee free service which would have made continued use counterproductive.

General Donations – €29,031

General donations were a vital part of our income, amounting to €29,031 in 2023 compared to €44,515 in 2022. This category consists of contributions from individual supporters who believe in our mission and are committed to helping us make a difference. General donations are particularly valuable because they provide unrestricted funds, allowing us the flexibility to allocate resources where they are most needed. The sustained level of support underscores the trust and dedication of our donors, empowering us to continue delivering essential services to young people and communities.

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PayPal Donations – €51,949

PayPal donations represented a significant income stream, totalling €51,949 in 2023, an increase from €48,824 in 2022. This platform's convenience and ease of use make it a preferred donation method for many of our supporters. The steady rise in PayPal donations reflects our successful online outreach efforts and the generosity of donors who appreciate a streamlined way to contribute. These funds enable us to invest directly in our programmes, ensuring that we can reach more individuals with our life-saving services.

Stripe Donations – €235,308

Our largest income source came from Stripe donations, amounting to €235,308 in 2023. The substantial increase from €197,565 in 2022 highlights the success of our digital fundraising initiatives. Stripe provides a secure and efficient way to process donations, which is particularly valuable for handling larger gifts from corporate and individual donors. The strong income from Stripe not only supports our operational needs but also allows us to confidently plan for future expansions. We are grateful for the trust our donors place in us through this platform, which enables us to maximise our impact.

Text Donations – €3,409

Text donations contributed €3,409 in 2023, down from €6,242 in 2022. While this is a smaller portion of our total income, text donations provide an accessible and immediate way for supporters to contribute. This method is particularly useful during events and awareness campaigns, allowing us to capture the moment when individuals feel inspired to give. Text donations reflect our commitment to meeting donors where they are and facilitating support in the simplest way possible.

PayPal Giving Fund – €9,927

The PayPal Giving Fund provided €9,927 in 2023, compared to €11,894 in 2022. This source of income allows us to reach new donors who contribute through platforms such as eBay for Charity and other PayPal-connected services. The funds received from this programme are typically unrestricted, which is invaluable for our day-to-day operations. The PayPal Giving Fund supports our efforts to reach a broader audience and benefit from charitable giving channels that extend beyond traditional methods.

Event Fundraising – €16,179

Event fundraising generated €16,179 in 2023, slightly higher than €15,525 in 2022. This income demonstrates the continued success of our fundraising events, which include sponsored challenges, community gatherings, and other interactive activities. These events not only raise essential funds but also help us build stronger connections with our supporters and foster a sense of community around our cause. The positive response to our event-based fundraising efforts reflects our supporters' enthusiasm for engaging in person and making a tangible difference.

Total Charitable Income – €361,770

The total charitable income of €361,770 in 2023 shows the resilience and effectiveness of our fundraising strategies. Each income stream contributes uniquely to our financial health, and the diversity of sources ensures that we can maintain stability even in a fluctuating economic environment. Through our concerted efforts across digital, event-based, and traditional

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fundraising methods, we have been able to reach a broad spectrum of supporters who are committed to the cause of youth suicide prevention.

Summary

Youth Suicide Prevention Ireland's diverse income streams for 2023 reflect the strength and adaptability of our fundraising approach. From corporate sponsorship and major donation platforms like Stripe to accessible channels such as text and PayPal Giving Fund, each stream is an important pillar of support. The consistent growth in our income sources allows us to plan for the future, expand our reach, and continue delivering vital mental health and suicide prevention services to young people across Ireland. We are grateful for the unwavering support of our donors and remain committed to stewarding their contributions responsibly and effectively

Analysis of Charitable Expenditure

The charitable expenditure for Youth Suicide Prevention Ireland in 2023 reflects a well-balanced approach to supporting core programmes while managing resources efficiently. Total charitable expenditure amounted to €232,982 in 2023, showing a reduction from €250,765 in 2022. This decrease demonstrates the charity's dedication to refining programme delivery and optimising costs without compromising the quality or reach of its services. Below is a detailed analysis of each programme's expenditure, highlighting the charity's strategic use of resources.

Awareness Programme

The Awareness Programme, designed to engage the public and promote mental health awareness, saw its expenditure reduced to €4,863 in 2023 from €11,342 in 2022. This substantial decrease illustrates the charity's capacity to deliver impactful outreach with fewer resources. Through streamlined activities, involving increased use of digital platforms and collaboration with community partners, the charity has been able to maintain the programme's reach while minimising costs.

Let's Talk Programme

The Let's Talk Programme, which is essential in providing direct education on mental health and suicide prevention to young people, accounted for €89,125 in 2023. This was a slight reduction from €96,295 in 2022. The Let's Talk Programme's focus on open conversations about mental health in schools has been maintained, with costs carefully managed to ensure a wide reach. By refining materials and methods, the charity has been able to uphold the programme's effectiveness while reducing expenses.

Mobile Awareness Project

Expenditure on the Mobile Awareness Project decreased to €2,055 in 2023 from €5,942 the previous year. This project uses a mobile unit to engage with smaller communities and deliver mental health information. The reduction in spending reflects the charity's ability to strategically schedule and optimise the use of our mobile unit, allowing for significant outreach with a smaller budget. Unfortunately, towards the end of the year the mobile unit was declared beyond economic repair and scrapped.

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Outreach Programme

The Outreach Programme, focused on providing online services and support, had an expenditure of €27,734 in 2023, up from €22,387 in 2022. This increase highlights the charity's expanded efforts to connect with online communities, particularly in areas where mental health resources may be less accessible. By investing more in the Outreach Programme, the charity has been able to reach more individuals and groups, hosting online events and providing increased information on mental health and suicide prevention through our online presence.

Schools Programme

The Schools Programme remains one of the charity's core initiatives, with costs of €100,828 in 2023 compared to €109,360 in the previous year. The slight reduction in costs indicates that the charity has optimised its delivery model through the use of digital resources and by refining the training process for facilitators. These adjustments enable the Schools Programme to maintain a high level of impact, ensuring that young people are equipped with essential skills to manage mental health issues effectively. The continued commitment to this programme reflects the charity's focus on youth empowerment and resilience.

Training Centre

Expenditure for the Training Centre was reduced to €8,377 in 2023 from €13,660 in 2022. This centre plays a crucial role in training facilitators and volunteers, ensuring they are well-prepared to deliver the charity's programmes. The reduction in costs is due to the charity adopting more efficient training methods, and by incorporating virtual training sessions and utilising in-house resources for facilitation. This effective cost management allows the charity to continue building a capable and dedicated team while keeping training expenses within a sustainable range. Investment in the Training Centre supports the charity's long-term goals by ensuring that programme delivery is consistent and of high quality.

Summary of Charitable Expenditure

In total, charitable expenditure for Youth Suicide Prevention Ireland in 2023 was €232,982, down from €250,765 in 2022. This careful reduction in spending demonstrates the charity's success in optimising costs across all major programmes, allowing for a more sustainable financial approach while maintaining the high standards of service delivery. Each programme has been tailored to maximise impact with available resources, and the overall results are a testament to the charity's commitment to fiscal responsibility and efficient programme management.

Through strategic adjustments and a focus on efficiency, Youth Suicide Prevention Ireland has shown that it can achieve meaningful outreach and provide valuable mental health education and support without requiring a significant increase in resources. This balanced approach underscores the charity's dedication to its mission, ensuring that it continues to offer essential services to young people and communities across Ireland. By prudently managing charitable expenditures, the charity remains well-positioned to expand its impact and reach even more individuals in need of mental health support.

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Analysis of Administrative Expenditure

Youth Suicide Prevention Ireland's administrative expenditure for 2023 reflects a measured and effective approach to supporting the charity's operational backbone, ensuring that core functions are well-funded while managing costs prudently. Total administrative expenses rose slightly to €65,238 in 2023, compared to €60,066 in 2022. This increment aligns with the charity's goal of maintaining a solid operational foundation, enabling it to deliver on its mission more effectively. Here's a brief analysis of each major administrative expense category, comparing it to the previous year's expenditure.

Depreciation

Depreciation expenses increased from €3,642 in 2022 to €8,986 in 2023. This rise reflects the ongoing use of the charity's fixed assets over time, accounting for their gradual wear and tear.

Telephone

The telephone expenses for 2023 were €4,308, a slight decrease from €4,513 in 2022. This stable expenditure is crucial for maintaining effective communication channels, which support both internal coordination and external engagement. By managing this cost efficiently, the charity can continue to ensure open lines of communication with all stakeholders.

Office Costs

Office costs in 2023 amounted to €3,912, marking a new category that did not appear separately in the 2022 financials. This investment demonstrates the charity's commitment to maintaining a functional and well-equipped office environment, supporting both staff and volunteers in their daily activities.

Insurance

Insurance costs remained stable, with a slight increase to €3,960 in 2023 from €3,942 in 2022. Consistent investment in insurance is essential for safeguarding the charity's assets and operations, ensuring that all activities are carried out with a high degree of security and compliance.

Bank Fees

Bank fees were €8,307 in 2023, compared to €7,720 in the previous year. This increase supports the charity's transaction processing and financial management needs, which are critical for maintaining accurate financial records and facilitating donations. The charity's careful management of these fees ensures that funds are available for core activities.

Light and Heat

The cost of light and heat was reduced to €1,537 in 2023, down from €1,875 in 2022. This reduction reflects efficient resource usage within the charity's facilities, allowing funds to be redirected to programme delivery. Lower utility costs positively impacted the charity's overall financial sustainability.

Auditor's Remuneration

Auditor fees amounted to €4,358 in 2023, up from €4,196 in the previous year. Maintaining consistent auditor fees ensures that the charity continues to meet regulatory requirements and

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upholds a high standard of financial transparency. This investment reinforces the charity's commitment to accountability and trust with its donors and stakeholders.

Motor Expenses

Motor expenses increased to €1,016 in 2023 from €348 in 2022. This higher expenditure supports the charity's outreach and engagement efforts, allowing staff and volunteers to travel efficiently. Effective allocation in this category ensures the charity can expand its reach, directly supporting its mission.

License Fees

License fees remained consistent at €9,000, unchanged from 2022. This stability reflects the charity's ongoing access to necessary software, programmes, or resources that facilitate its operations. Regular investment in licences ensures the charity remains up-to-date and capable in its programmatic and administrative tasks.

General Expenses

General expenses rose to €4,097 in 2023 from €1,216 in 2022. This increase underlines the charity's dedication to covering essential operational costs, enabling it to adapt as needed to support programme delivery. By allocating resources to this area, the charity enhances its ability to respond to day-to-day needs effectively.

Payment Processing Fees

Stripe fees were €5,979 in 2023, up from €4,950 in 2022, partly due to a 0.25% increase in Stripe's transaction fee rate for charities. We have found the Stripe supports the charity's digital fundraising and payment processing capabilities, ensuring that online donations are handled smoothly. Investment in this area underscores the charity's commitment to maintaining robust and convenient donation platforms for supporters.

PayPal fees were reduced to €1,461 in 2023 from €2,077 in 2022. This decrease aligns with efficient cost management in transaction fees, supporting the charity's goal of reducing overheads associated with digital donations. Lower PayPal fees benefit the charity by ensuring more donor funds directly support its programmes.

Training

Training costs were €2,110 in 2023, up from €929 in the previous year. This reflects the charity's dedication to investing in its staff and volunteers, supporting professional development that directly enhances programme delivery. Such an increase in training investment indicates a focus on building capacity and fostering growth within the team.

Legal and Professional

Legal and professional fees increased to €2,382 in 2023 from €109 in 2022. This increase reflects necessary professional services that support the charity's operational integrity. Investing in these services demonstrates the charity's commitment to compliance and ensures it meets all regulatory and operational requirements.

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Computer Costs

Computer costs in 2023 were €1,534, up from €1,361 in the previous year. This reflects ongoing investment in technological resources that support the charity's administrative functions. Effective allocation here ensures that the charity's teams have access to reliable equipment, enhancing overall productivity.

Repairs and Maintenance

Repairs and maintenance costs decreased to €12 in 2023, compared to €58 in 2022. This reduction highlights effective maintenance practices, ensuring that operational facilities and equipment remain in good condition with minimal expenditure. Lower maintenance costs positively impact the charity's financial health by preserving assets for longer periods.

Summary

Overall, Youth Suicide Prevention Ireland's administrative expenditure for 2023 demonstrates careful cost management across all categories. Each category supports the charity's core operations, ensuring a strong foundation from which to carry out its mission. The slight overall increase in administrative costs reflects an effective allocation of resources to maintain a well-functioning and resilient organisation. By managing these expenses prudently, the charity remains focused on delivering impactful programmes with a stable operational base.

Analysis of Balance Sheet

The balance sheet of Youth Suicide Prevention Ireland as of 31 December 2023 provides a snapshot of the charity's financial position, highlighting its assets, liabilities, and overall fund balance. This analysis will examine the balance sheet in detail, comparing it to the previous year's figures as of 31 October 2022, and commenting on key changes and implications for the charity's financial health.

Assets

Fixed Assets:

Fixed assets consist primarily of tangible assets such as fixtures, fittings, and equipment. As of 31 December 2023, the net book value of these assets was €9,789, down from €11,859 in the previous year. This decrease is primarily due to depreciation, reflecting the natural decline in the value of assets over time. The depreciation charge for the year was €8,986, which suggests that the charity is applying prudent depreciation practices to account for the wear and tear on its physical assets. Notably, the charity disposed of a motor vehicle valued at €9,700 during the year, which contributed to the overall decrease in fixed assets.

Current Assets:

Current assets comprise two main categories: **Debtors** and **Cash at bank and in hand**. Together, these assets reflect the liquidity and short-term financial health of the organisation.

Debtors: The amount owed to the charity was €4,763 in 2023, compared to €7,942 in 2022. The reduction is due to repayments received on previously outstanding amounts, which improves cash flow. The decrease in debtors can positively impact liquidity, as it reflects successful collection efforts on outstanding receivables.

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Cash at bank and in hand: Cash holdings stood at €93,567 by the end of 2023, down from €102,707 in the previous year. This minor decrease of €9,140 reflects the charity's operational expenditures and the overall net cash flow from its activities. Despite the decrease, the charity maintains a strong cash position, which is critical for meeting immediate operational needs and managing unforeseen expenses.

The total current assets amount to €98,330 for 2023, a slight decrease from €110,649 in 2022. This reduction, while modest, aligns with the charity's strategic use of cash to fund ongoing programmes and expansion efforts. The charity remains in a comfortable liquidity position, with current assets far exceeding short-term liabilities.

Liabilities

Creditors: Amounts falling due within one year:

Current liabilities for the year ending 31 December 2023 were €5,093, down slightly from €5,552 in 2022. These liabilities include:

Bank Credit: The charity reduced its bank credit to €723 in 2023 from €1,393 in 2022. This indicates an improvement in cash management, enabling the charity to rely less on credit facilities.

Accruals and Deferred Income: This category, which includes expenses that have been incurred but not yet paid, amounted to €4,370, slightly up from €4,159 in the previous year. This reflects standard operational accruals, indicating prudent expense management. The relatively low level of current liabilities, particularly in relation to current assets, highlights the charity's ability to meet its short-term financial obligations comfortably.

Net Assets

After accounting for liabilities, **net current assets** stood at €93,237, down from €105,097 in 2022. This figure represents the charity's liquid assets after settling short-term obligations, showcasing a decrease driven by the minor reduction in cash reserves and the slight increase in current liabilities. However, the charity maintains a robust net current asset position, which supports its ongoing operations and provides a buffer against unexpected expenses.

Total Funds and Reserves

The total net assets for Youth Suicide Prevention Ireland, equivalent to the charity's total funds, were €103,026 at the end of 2023, compared to €116,956 in 2022. This slight decline in total funds reflects the net deficit reported for the year, along with the recognition of prior year adjustments. Specifically:

The charity reported a **net deficit** of €13,930 for the year, primarily due to increased fundraising expenditures, which represents a strategic investment in long-term financial growth.

A **prior financial year adjustment** of €7,942 related to a reinstated COVID-19 support loan has positively impacted the fund balance, mitigating the impact of the net deficit on overall funds.

The charity's general fund of €103,026 comprises the total funds available at year-end. This fund balance underscores the charity's strong financial position, allowing it to continue its mission while maintaining a solid reserve.

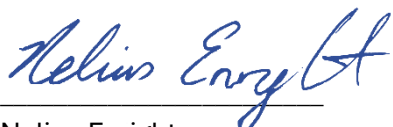
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In conclusion, Youth Suicide Prevention Ireland's balance sheet for 2023 reflects a well-managed financial position. Despite a slight decrease in net assets, the charity has maintained strong liquidity and a healthy level of reserves. The reduction in fixed assets aligns with expected depreciation, while current assets, particularly cash holdings, remain sufficient to cover short-term liabilities. The charity's ability to invest strategically in fundraising while managing operational costs effectively underscores a balanced approach to financial management. As a result, Youth Suicide Prevention Ireland is well-positioned to continue its mission with a stable and resilient financial foundation.

Summary of Financial Statements

The financial statements for 2023 underscore a year of stable income, prudent financial management, and a clear focus on fulfilling our mission of supporting youth mental health and suicide prevention. Despite the challenges of the current fundraising environment, we maintained consistent income levels, thanks to the enduring generosity of our supporters and sponsors. Our careful allocation of resources enabled us to manage costs effectively, especially in charitable expenditure, where we optimised programme delivery without compromising service quality. This financial year has allowed us to reinforce our operations, invest strategically in fundraising, and expand our reach. As we move forward, we are well-positioned to continue delivering impactful programmes with the resilience and flexibility needed to adapt to the evolving needs of the communities we serve.

Approved by the Board of Trustees on 22nd October 2024 and signed on its behalf by:



Nelius Enright
Chair



Yvonne Higgins
Secretary

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial period ended 31 December 2023

The trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with the Charities Act, 2009 and applicable regulations.

The law applicable to charities in the Republic of Ireland requires the trustees to prepare financial statements for each financial period which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial period end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act, 2009.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice: Accounting and Reporting by Charities;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

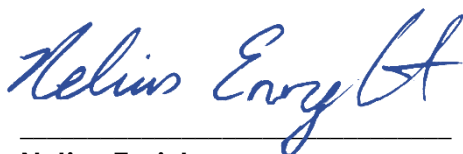
The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the Republic of Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Board of Trustees on 22nd October 2024 and signed on its behalf by:



Yvonne Higgins
Trustee



Nelius Enright
Chairperson

INDEPENDENT AUDITOR'S REPORT

to the Members of Youth Suicide Prevention Ireland

Report on the audit of the financial statements

Opinion

We have audited the charity financial statements of Youth Suicide Prevention Ireland ('the Charity') for the financial period ended 31 December 2023 which comprise the Statement of Financial Activities, the Balance Sheet and the notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Charity as at 31 December 2023 and of its deficit for the financial period then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Charities Act, 2009.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described below in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 4 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITOR'S REPORT

to the Members of Youth Suicide Prevention Ireland

Other Information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Trustees' Report is consistent with the financial statements;
- in our opinion, the Trustees' Report has been prepared in accordance with the Charities Act, 2009.
- the accounting records of the charity were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the books of account.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

Respective responsibilities

Responsibilities of trustees for the financial statements

As explained more fully in the Statement of Trustees' Responsibilities set out on page 28, the trustees are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

INDEPENDENT AUDITOR'S REPORT

to the Members of Youth Suicide Prevention Ireland

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the charity's members, as a body. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.

RAHENY ACCOUNTS LIMITED TA IRISH ACCOUNTS

Chartered Certified Accountants and Statutory Auditors
6 Abbey Business Park
Baldoyle Industrial Estate
Dublin 13
D13 N738

17th October 2024

STATEMENT OF FINANCIAL ACTIVITIES

for the financial period ended 31 December 2023

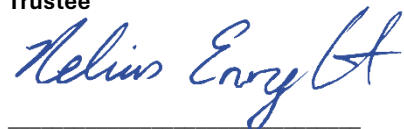
	Notes	Unrestricted Funds Dec 23 €	Total Funds Dec 23 €	Unrestricted Funds Oct 22 €	Total Funds Oct 22 €
Income					
Charitable activities					
Fundraising and Sponsorship	5.1	361,769	361,769	357,283	357,283
Expenditure					
Raising funds	6.1	77,479	77,479	45,098	45,098
Charitable Expenditure	6.3	232,982	232,982	250,765	250,765
Administrative Expenditure	6.2	65,238	65,238	60,066	60,066
Total Expenditure		375,699	375,699	355,929	355,929
Net income/(expenditure)		(13,930)	(13,930)	1,354	1,354
Transfers between funds		-	-	-	-
Other recognised gains/(losses):					
Surplus/(deficit) for the financial period		(13,930)	(13,930)	1,354	1,354
Prior financial year adjustment		7,942	7,942	-	-
Net movement in funds for the financial period		(5,988)	(5,988)	1,354	1,354
Reconciliation of funds:					
Total funds beginning of the year	14	109,014	109,014	115,602	115,602
Total funds at the end of the year		103,026	103,026	116,956	116,956

The Statement of Financial Activities includes all gains and losses recognised in the financial period. All income and expenditure relate to continuing activities.

Approved by the Board of Trustees on 22nd October 2024 and signed on its behalf by:



Yvonne Higgins
Trustee



Nelius Enright
Chairperson

BALANCE SHEET

as at 31 December 2023

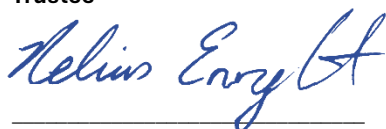
	Notes	Dec 23 €	Oct 22 € as restated
Fixed Assets			
Tangible assets	10	9,789	11,859
Current Assets			
Debtors	11	4,763	7,942
Cash at bank and in hand		93,567	102,707
		98,330	110,649
Creditors: Amounts falling due within one year	12	(5,093)	(5,552)
Net Current Assets		93,237	105,097
Total Assets less Current Liabilities		103,026	116,956
Funds			
General fund (unrestricted)		103,026	116,956
Total funds	14	103,026	116,956

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees on 22nd October 2024 and signed on its behalf by:



Yvonne Higgins
Trustee



Nelius Enright
Chairperson

NOTES TO THE FINANCIAL STATEMENTS

for the financial period ended 31 December 2023

1. GENERAL INFORMATION

Youth Suicide Prevention Ireland is a charity incorporated in Ireland. The registered office of the charity is which is also the principal place of business of the charity. The financial statements have been presented in Euro (€) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

the Charity has applied the Charities SORP on a voluntary basis as its application is not a requirement of the current regulations for charities registered in the Republic of Ireland.

Statement of compliance

The financial statements of the charity for the financial period ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.
- Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised

NOTES TO THE FINANCIAL STATEMENTS

for the financial period ended 31 December 2023

in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	20% Straight line
Motor vehicles	-	20% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial period end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the charity's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. PERIOD OF FINANCIAL STATEMENTS

The financial statements are for the 14 month period ended 31 December 2023.

4. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES

In common with many other charity of our size and nature, we use our auditors to assist with the preparation of the financial statements.

5. INCOME

5.1 CHARITABLE DONATIONS

	Unrestricted Funds	Restricted Funds	Dec 23	Oct 22
	€	€	€	€
Fundraising and Sponsorship:				
Income from charitable donations	<u>361,769</u>	<u>-</u>	<u>361,769</u>	<u>357,283</u>

NOTES TO THE FINANCIAL STATEMENTS

for the financial period ended 31 December 2023

6. EXPENDITURE					
6.1 RAISING FUNDS	Direct Costs	Other Costs	Support Costs	Dec 23	Oct 22
	€	€	€	€	€
Raising funds	77,479	-	-	77,479	45,098
6.2 ADMINISTRATIVE EXPENDITURE					
	€	€	€	€	€
Administrative Expenditure	-	-	65,238	65,238	60,066
6.3 CHARITABLE EXPENDITURE					
	€	€	€	€	€
Awareness Programme	4,863	-	-	4,863	11,342
Let's Talk Programme	89,125	-	-	89,125	96,295
Mobile Awareness Project	2,055	-	-	2,055	5,942
Outreach Programme	27,734	-	-	27,734	22,387
Schools Programme	100,828	-	-	100,828	109,360
Training Centre	8,377	-	-	8,377	13,660
Expenditure on charitable activities	232,982	-	-	232,982	250,765
7. ANALYSIS OF SUPPORT COSTS					
			Administrative Expenditure	Dec 23	Oct 22
			€	€	€
Light & Heat			1,537	1,537	1,875
Motor Expenses			1,016	1,016	348
Premises Rental			6,936	6,936	11,594
Stripe Fees			5,979	5,979	4,950
Bank Fees			867	867	693
Telephone			4,308	4,308	4,513
Depreciation			8,986	8,986	3,642
Training			2,110	2,110	929
Office Costs			3,912	3,912	-
PayPal Fees			1,461	1,461	2,077
License Fees			9,000	9,000	9,000
Charity Insurance			3,960	3,960	3,942
General Expenses			4,097	4,097	1,216
COVID 19 Expenses			30	30	101
Meetings			432	432	-
Auditors Remuneration			4,358	4,358	4,196
Computer Costs			1,534	1,534	1,361
General Office			-	-	6,671
Accounting Services			2,321	2,321	2,791
Legal and Professional			2,382	2,382	109
Repairs and Maintenance			12	12	58
			65,238	65,238	60,066

NOTES TO THE FINANCIAL STATEMENTS

for the financial period ended 31 December 2023

8. NET INCOME	Dec 23	Oct 22
	€	€
Net Income is stated after charging/(crediting):		
Depreciation of tangible assets	4,797	3,642
Deficit/(surplus) on disposal of tangible fixed assets	4,189	-
Auditor's remuneration:		
- audit services	4,358	4,196
	<u><u>4,358</u></u>	<u><u>4,196</u></u>

9. PRIOR FINANCIAL YEAR ADJUSTMENT

The prior year adjustment arises from a reinstatement of a Covid 19 support loan to the charity's associated company Youth Suicide Prevention Ireland Publications Limited of €7,942 which had previously been written off as irrecoverable but is now being repaid.

10. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment	Motor vehicles	Total
	€	€	€
Cost			
At 1 November 2022	6,306	9,700	16,006
Additions	7,216	-	7,216
Disposals	-	(9,700)	(9,700)
	<u>13,522</u>	<u>-</u>	<u>13,522</u>
At 31 December 2023	13,522	-	13,522
Depreciation			
At 1 November 2022	1,563	2,584	4,147
Charge for the financial period	2,170	2,627	4,797
On disposals	-	(5,211)	(5,211)
	<u>3,733</u>	<u>-</u>	<u>3,733</u>
At 31 December 2023	3,733	-	3,733
Net book value			
At 31 December 2023	<u><u>9,789</u></u>	<u><u>-</u></u>	<u><u>9,789</u></u>
At 31 October 2022	<u><u>4,743</u></u>	<u><u>7,116</u></u>	<u><u>11,859</u></u>

11. DEBTORS	Dec 23	Oct 22
	€	€
Amounts owed by related parties	4,763	7,942
	<u><u>4,763</u></u>	<u><u>7,942</u></u>

12. CREDITORS	Dec 23	Oct 22
Amounts falling due within one year	€	€
Bank overdrafts	723	1,393
Accruals and deferred income	4,370	4,159
	<u><u>5,093</u></u>	<u><u>5,552</u></u>

NOTES TO THE FINANCIAL STATEMENTS

for the financial period ended 31 December 2023

13. RESERVES

	Dec 23 €	Oct 22 €
At the beginning of the year as previously stated	109,014	115,602
Prior financial year adjustment	7,942	-
	<u>116,956</u>	<u>115,602</u>
At the beginning of the year (Deficit)/Surplus for the financial period	(13,930)	1,354
	<u>103,026</u>	<u>116,956</u>

14. FUNDS

14.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds €	Total Funds €
At 1 November 2021	115,602	115,602
Movement during the financial year	1,354	1,354
	<u>109,014</u>	<u>109,014</u>
At 31 October 2022 as previously stated	109,014	109,014
Prior financial period adjustment	7,942	7,942
	<u>116,956</u>	<u>116,956</u>
At 31 October 2022 Movement during the financial year	(13,930)	(13,930)
	<u>103,026</u>	<u>103,026</u>

14.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 November 2022 € As restated	Income €	Expenditure €	Transfers between funds €	Prior year adjustments €	Balance 31 December Dec 23 €
Unrestricted funds						
Unrestricted General	109,014	49,865	63,795	-	7,942	103,026
	<u>109,014</u>	<u>49,865</u>	<u>63,795</u>	<u>-</u>	<u>7,942</u>	<u>103,026</u>

14.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use €	Current assets €	Current liabilities €	Total €
Unrestricted general funds	9,789	97,607	(4,370)	103,026
	<u>9,789</u>	<u>97,607</u>	<u>(4,370)</u>	<u>103,026</u>

NOTES TO THE FINANCIAL STATEMENTS

for the financial period ended 31 December 2023

15. RELATED PARTY TRANSACTIONS

During the 14 month period the company, Youth Suicide Prevention Ireland Publications Limited provided outreach and administrative services on behalf of the charity to the value of €106,759 (2022: €79,000). Youth Suicide Ireland Prevention Limited is a company that is 100% controlled by the trustees of Youth Suicide Prevention Ireland.

During the 14 month period the charity was charged license fee of €9,000 (2022 : €9,000) for use of various mental health awareness programmes by key management.

16. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial period-end.

17. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the Board of Trustees on 22nd October 2024.

Youth Suicide Prevention Ireland

Registered Charity 20070670

83A New Street, Killarney, Co Kerry V93 W3KT Ireland

☎ 1800 828 888 ✉ admin@yspi.ie

Charity Website

🌐 www.yspi.ie

Social Media

Facebook [youth.suicide.prevention.ireland](https://www.facebook.com/youth.suicide.prevention.ireland)

Support Website

🌐 www.letstalk.ie

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